VOLUNTEER FIREFIGHTERS AND EMERGENCY MEDICAL SERVICE PROVIDERS

Volunteer emergency services personnel provide critical services to our communities and save taxpayers billions of dollars per year statewide. I have often said our volunteer emergency workers are the backbone of our rural communities. As part of National Volunteer Week, many fire departments will open their doors for the annual recruitment-based open house event, **RecruitNY**. Those interested in learning more should contact their local fire department to see if it is participating in this year's drive.

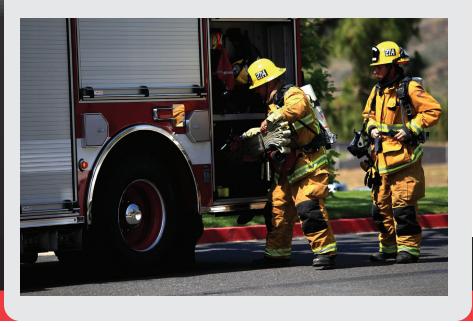
WHAT: RecruitNY

WHERE: Your local fire department.

WHEN: April 23 and 24

To find your local fire department, contact your local county's Emergency Management Office.

CHEMUNG CO	
SCHUYLER CO	
SENECA CO	
STEUBEN CO	607-664-2910 ext. 2901
YATES CO	



ASSEMBLYMAN PHIL PALMESANO



ew York State Assembly • Albany, NY 12248

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Dear Neighbor,

Sacrifice and spirit are the hallmarks of volunteerism, an important value you see in every vibrant community. We're at our best when we devote our time, talent, and energy to making life a little better, a little easier, and a little brighter for our neighbors.

Some of the bravest people in our communities are volunteer firefighters and emergency medical service workers. They put their lives on the line to save us from the most dangerous situations imaginable. Like I've always said, they are the backbone of our local rural communities. They save families, seniors, small businesses, and manufacturers in our communities over \$3 billion in property taxes.

April 23rd and 24th is RecruitNY weekend, a great opportunity to learn about some of the tax and educational benefits available to volunteer firefighters and emergency medical service workers. The inside of this brochure contains more information about this program.

There are many other ways to get involved. There are special programs that connect our brave veterans and treasured seniors to volunteer opportunities, and this mailing has more information about them. I am also encouraging young people to get involved through their local youth bureau. Contact information for those organizations is also provided.

There isn't a better time to get involved. **April is National Volunteer Month.** Spring is here. There are plenty of programs that need motivated people just like you. Get out there and show how much you value your community and the friends and neighbors you share it with.

Sincerely, Assemblyman Phil Palmesano

СОΝТАСТ

A S S E M B L Y M A N



448 Legislative Office Bldg. • Albany, NY 12248 (518) 455-5791

105 East Steuben Street • Bath, NY 14810 (607) 776-9691

ASSEMBLYMAN PHIL BEAVOLUNTEER

Youth:

Volunteerism is a great way for young people to give back to their communities. Volunteer opportunities can also be great for college applications and valuable career experience. For information on how young people can get involved in their community, contact the organization nearest you.

SENIORS:

If you are a senior citizen looking for a volunteer opportunity in your local community, please contact your local Office for the Aging or one of the other agencies below:

> CHEMUNG COUNTY DEPARTMENT OF AGING & LONG TERM CARE 607-737-5520

Schuyler County Office For The Aging 607-535-7108

SENECA COUNTY OFFICE FOR THE AGING 315-539-1765

STEUBEN COUNTY OFFICE FOR THE AGING 607-664-2298

YATES COUNTY OFFICE FOR THE AGING 315-536-5515

> AARP 888-687-2277

SENIOR CORPS 1-800-942-2677

Association of Mature American Citizens 888-262-2006

Helping Our Veterans & Military:

As we all know, our veterans and active duty personnel have sacrificed and given us so much. Volunteering to help these heroes is a small way to say thank you. If you want to volunteer to help veterans or active duty servicemen and women, contact your local county's Veterans' Services Office or one of the other agencies listed below:

CHEMUNG COUNTY VETERANS' SERVICE AGENCY	607-737-5445
SCHUYLER COUNTY VETERANS' SERVICE AGENCY	607-535-2091
SENECA COUNTY VETERANS' SERVICE AGENCY	315-539-1633
STEUBEN COUNTY VETERANS' SERVICE AGENCY	607-664-2528
	OR 607-664-2198
YATES COUNTY VETERANS' SERVICE AGENCY	315-536-5196
BATH VA	607-664-4000
CANANDAIGUA VA	585-394-2000
American Red Cross Services to Armed Forces	585-241-4418
NYS DIVISION OF VETERANS' SERVICES	888-838-7697
VETERANS CRISIS LINE 1-800-273	8-8255 (PRESS # 1)

General Volunteer Opportunities:

INSTITUTE FOR HUMAN SERVICES, INC. 607-776-9467

CHEMUNG VOLUNTEER ACTION CORPS 607-734-4161 FOOD LINK (SENECA/YATES) 585-328-3380

FOOD BANK OF THE SOUTHERN TIER (CHEMUNG, SCHUYLER, STEUBEN) 607-796-6061

Long-Term Care Volunteers Needed Through Ombudsman Program

Want to advocate for residents in nursing homes, assisted living, or board and care homes? After a 36-hour training, become a New York State certified Long-Term Care Ombudsman to help aging residents and families understand and exercise their rights and address concerns about health, safety, and quality of life. Work with a dedicated team for support and on-going training. Visit <u>https://ltcombudsman.ny.gov/</u> for more information.

For Seneca and Yates Counties: Contact Lifespan at 585-244-8400, ext. 114.

For CHEMUNG AND SCHUYLER COUNTIES: Contact Tompkins County Office for the Aging at 607-274-5498.

For Steuben County: Contact AIM Independent Living Center at 607-962-8225 ext. 112.

HOSPICE AND PALLIATIVE CARE VOLUNTEER OPPORTUNITIES

CareFirst and other Hospice programs have a variety of different volunteer opportunities. Their volunteers provide assistance with patient companionship, family respite, grief support, administrative tasks, running errands for patients and their families, and assisting with special events. They are also looking for volunteers with special skills including barbers and beauticians and a range of therapists.

CAREFIRST SERVES CHEMUNG, SCHUYLER AND STEUBEN COUNTIES: Contact: 607-962-3100

YATES COUNTY: Hospice and Palliative Contact: 315-759-8225 SENECA COUNTY: Lifetime Core Hospice

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607-936-3753 msmith@uwst.org

UNITED WAY OF S 315-539-1135 uwseneca@rochester

To sort through volunteer opportunities near you that may fit your specific interests, log on to <u>www.volunteermatch.org</u>

Hospice and Palliative Care of Ontario and Yates County Contact: 315-759-8225

Lifetime Care Hospice of Rochester, Contact: 585-214-1444

Join your friends, family or co-workers and get engaged with your community! In our fast-paced society, it can be hard to find time to give back, but truly improving the quality of life for your friends and neighbors is one of the most powerful things you can do. The United Way offers great opportunities for businesses to set up team volunteering opportunities for their employees. It is great team building!

THE	UNITED WAY OF SCHUYLER COUNTY 607-546-8268 info@unitedwayofschuylercounty.org
Seneca County	UNITED WAY OF YATES COUNTY 315-536-2448
er.rr.com	
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