

HONORING SENIOR VOLUNTEERS OF THE YEAR FROM OUR REGION AT THE STATE CAPITOL



From left to right: Kim Salisbury (Chemung County Aging Services Coordinator), Carol Lincoln (Chemung County Honoree), Mike Wald (Chemung County Honoree), Senator O'Mara, Tammy Waite (Director, Schuyler County Office for the Aging), Wendy Wirth (Schuyler County Honoree), Robert Wirth (Schuyler County Honoree), Linda Conway (Steuken County Honoree), Janet Schroeder (Steuken County Honoree), Assemblyman Palmesano, Patricia Barody (Director, Steuben County Office for the Aging), Christine Tower (Director, Steuben County RSVF), Assemblyman Chris Friend.

ASSEMBLYMAN
PHIL PALMESANO
 Senior Services Bulletin



BULK

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 Albany, NY 12248

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 By Eric Duncan at 3:04 pm, Aug 10, 2017

September 2017

Dear Neighbor,
 As a senior in our community, there are a number of engaging events designed just for you. This bulletin contains information on events happening in the coming months in each county of our district. Your contributions to our community are vibrant and so important. I don't want you to miss out on any great opportunities!
 I hope you find the information in this bulletin helpful, but if you are unable to find what you are looking for, I have also included a list of important phone numbers for several agencies and senior associations. If you aren't sure which number to call, or have a question or concern about any state issue, please don't hesitate to contact my office. My staff and I are always here to help, and we look forward to hearing from you.

Sincerely,

Phil Palmesano

Albany Office:
 320 Legislative Office Building, Albany, NY 12248
 518-455-5791

District Office:
 105 East Steuben Street, Bath, NY 14810
 607-776-9691 • palmesanop@nyassembly.gov

YOU'RE INVITED! UPCOMING SE

CHEMUNG COUNTY

MEDICARE 101

Confused about Medicare? We have the answers! Contact us at 607-737-5520 to schedule a presentation on Medicare basics for your group, or join us for Medicare Mondays at the Department of Aging at 2:30 p.m. on **September 18th, October 16th, or December 18th.**

HELP FOR CAREGIVERS

Family caregivers can benefit from a variety of supports and services provided by our department, including our Caregiver Discussion Group, which meets the **second Thursday of every month** from 2:00 p.m. – 4:00 p.m. The first hour is a presentation on community services of interest to caregivers, and the second hour provides an opportunity for caregivers to share ideas and support. For more information or to register, please call the Department of Aging at 737-5520.

SCHUYLER COUNTY

PLANNING FOR PEACE OF MIND

Date: **Saturday, September 30, 2017**

Time: 9:00 a.m.- 12:00 p.m.

Location: Human Services Complex
323 Owego St., Montour Falls, NY,
Conference Room 120

RSVP: 607-535-7108

This event offers information on an array of topics to help you plan

for the future, including Medicare, housing, legal advice, and community programs. Breakfast snacks and coffee will be provided.

PRESENTATIONS:

9:30 a.m.: Asset Protection, Trusts Workshop and Roth Elder Law

10:15 a.m.: Office for the Aging Public Hearing with Director Tamre Waite

10:45 a.m.: Power of Attorney in Detail Workshop- Roth Elder Law

11:30 a.m.: Last Will and Testament Workshop- Roth Elder Law

MEDICARE 101 CLASSES

**Wednesday, September 20, 2017
& Wednesday, October 11, 2017**

LOCATION: Human Services Complex
323 Owego St., Montour Falls, NY,
Conference Room 115

Learn the basics of Medicare at these free classes open to the public. Pre-registration is required. To RSVP, call the Schuyler County Office for the Aging at 607-535-7108.

STEUBEN COUNTY

TRANSFORMING

ELDERCARE: *ONE HOME AT A TIME*

Date: **September 12, 2017**

Time: 10:00 a.m. to 2:00 p.m.

Location: First Presbyterian Church
6E Morris Street, Bath, NY

Contact: Office of the Aging
Director Patty Baroody

ADVOCATING FOR SENIORS

SENIOR EVENTS IN YOUR COUNTY

Phone: 607-664-2298

Email: pattyb@co.steuben.ny.us

Greg Olsen, Acting Director of the NY State Office for the Aging, will explain the principles of “Full Circle America,” an approach to elder care that marries grass roots volunteerism with 21st Century technology to help seniors live safe, fulfilling lives in their own homes.

UNDERSTANDING MEDICARE PUBLIC SEMINARS

Steuben County Office for the Aging is holding public seminars on the topic of Medicare Insurance at its three office locations. OFA’s certified Medicare insurance counselors will provide information pertaining to basic Medicare, Medicare related health insurance, prescription plans, and low income subsidies. Reserve your seat by calling the Bath OFA at 607-664-2298 for your preferred date and location.

Corning Senior Center
1 Park Lane, Corning, NY, Small
Conference Room
10:00 a.m. - 11:30 a.m. **Tuesday,**
September 26, October 24

Steuben County Office Building,
Bath, NY, 3 E Pulteney Square, 3rd
floor South Conference Room
10:00 a.m. - 11:30 a.m., Wednesday,
October 25

Monday, September 25, 1:30 p.m.-
3:00 p.m.

Hornell Senior Center

Location: 20 Broadway Mall,
Hornell, NY

Time: 1:30 p.m. - 3:00 p.m.

Dates: **September 28, October 26.**

SENECA COUNTY

HEALTH INSURANCE INFORMATION DAY

Seneca County Office for the Aging is hosting a Health Insurance Information Day event that will provide seniors with details and insight about their options regarding Medicare coverage.

Date: **October 26, 2017**

Time: 1:00 p.m. – 4:00 p.m.

Location: Seneca County Office
for the Aging, 1 Dipronio Dr.,
Waterloo, NY 13165

Point of Contact:

Leeanne Dutcher-Teufel

315-539-1769

ldutcher-teufel@co.seneca.ny.us

Phone: 607-776-9691



ASSEMBLYMAN
PHIL PALMESANO

PUBLIC HEARING

The Seneca County Office for the Aging would like to hear your comments and suggestions concerning its available programs and services. Please reserve your space by noon if you plan to stay for lunch after the hearing.

Date: September 26

Time: 11:30 a.m.

**Location: Verona Village
Seneca County Nutrition Site
2276 County Rd. 139
Ovid, NY
Contact: (607) 869-2275**

YATES COUNTY

MOBILE FOOD PANTRY

Dates: August 25, September 22, October 27, November 17,

December 15.

Time: 4:00 p.m. to 6:00 p.m.

**Location: Starkey Town Barn, 656 Dundee-Glenora Road, Dundee, NY
Contact: 315-536-5515**

This mobile food pantry can help seniors who are struggling with food security. There is no income eligibility requirement.

WELCOME TO MEDICARE EVENT

Dates: October 17 and December 19

Time: 2:30 p.m.

**Location: Penn Yan Public Library,
214 Main St., Penn Yan, NY
Contact: 315-536-5515**

These free seminars provide seniors with more information about Medicare, including how to enroll and more details about coverage.

IMPORTANT PHONE NUMBERS

IMPORTANT ASSOCIATION AND TOLL-FREE NUMBERS:

AARP.....	888-687-2277
Alzheimer's Association	800-272-3900
Arthritis Foundation	800-283-7800
Elderly Pharmaceutical Insurance Coverage (EPIC).....	800-332-3742
Insurance Programs and Complaints	800-342-3736
Medicare and Medicaid Claims	800-633-4227
National Caregiving Foundation	800-930-1357
National Institute on Aging.....	800-222-2225
NYS Office for the Aging/Senior's Hotline - NY Connects.....	800-342-9871
Senior Corps (RSVP Volunteer Program)	202-606-5000
Social Security Administration	800-772-1213
Health Insurance Counseling (HIICAP)	800-701-0501
Association of Mature American Citizens	888-262-2006
NYS Division of Veterans Affairs.....	888-838-7697

IMPORTANT LOCAL NUMBERS:

Chemung County Office for the Aging.....	607-737-5520
Schuyler County Office for the Aging	607-535-7108
Seneca County Office for the Aging	315-539-1765
Steuben County Office for the Aging	607-664-2298
Yates County Office for the Aging.....	315-536-5515