Rebecca Seawright

ASSEMBLYMEMBER



Dear Friends and Neighbors,

I am pleased to share important community updates, upcoming events, and resources for residents of the Upper East Side, Yorkville, and Roosevelt Island.

Early voting begins this Saturday, October 24! We recently partnered with NYS Attorney General Letitia James' office to host an Election Protection Town Hall to help New Yorkers understand their voting rights and prepare for the November 3 General Election. I encourage everyone to make a plan to vote.

As Chair of the Assembly Committee on Aging, I was pleased to join NYC Aging at Lenox Hill Neighborhood House to discuss services that help older New Yorkers remain healthy and independent. I celebrated the reopening of 92NY's Himan Brown Older Adult Program and continued our successful advocacy for innovative cancer research and community-based aging programs.

I was especially proud to join Governor Kathy Hochul for the signing of Francesco's Law, which I strongly supported and cosponsored, to strengthen firearm safe storage protections and help prevent tragedies.

This week's newsletter also features Halloween celebrations, free health programs, educational opportunities, and important benefits information.

I invite you to join us at our upcoming events:

- Wednesday, November 4, from 10:00 a.m. to 12:00 p.m. — **MTA OMNY Sales Bus** in front of the Community Office of Assembly Member Rebecca A. Seawright, 1485 York Avenue (78/79 Streets). Apply for reduced fare or refill your OMNY account.

- Wednesday, November 4 from 10 a.m. to 2:00 p.m. - **Benefits Screening with LiveOn NY** at the Community Office of Assembly Member Rebecca A. Seawright, 1485 York Avenue (78/79 Streets).

- Tuesday, November 10 at 11:00 a.m. - **2026 Women of Service for America: A Living Tribute Celebrating Women Who Serve America** at the NYC Women's Veterans Grove in Central Park (enter at 69th Street and Fifth Avenue). Join Assembly Member Rebecca A. Seawright and community partners for a special Veterans Day tribute honoring women who have served our nation through military service, public safety, and community leadership. The ceremony will recognize distinguished women leaders and feature special presentations honoring women veterans and their contributions.

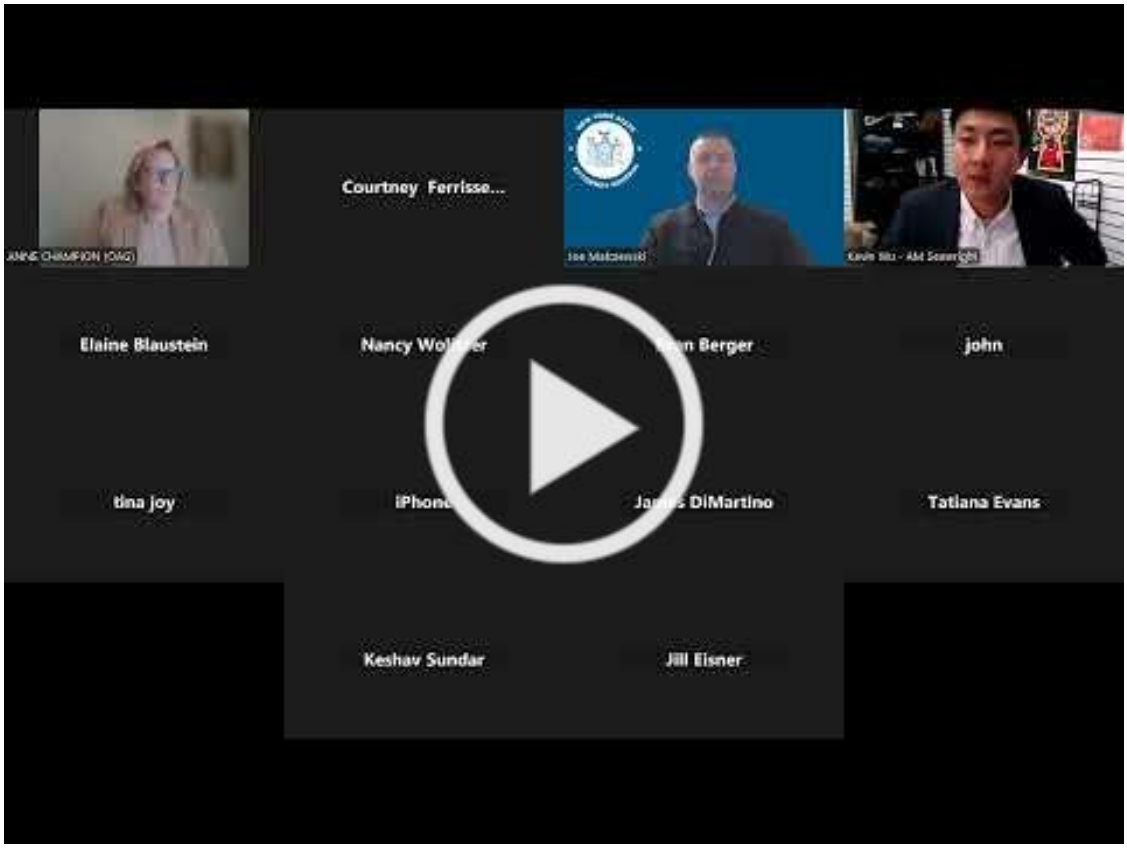
Our office is always just a phone call, email, or visit away.

Phone: 212-288-4607
Email: SeawrightR@NYAssembly.gov

REBECCA A. SEAWRIGHT

Early Voting Begins This Saturday, October 24!

Seawright and the Office of Attorney General Letitia James Hosted Election Protection Town Hall to Ensure We Are Prepared!



In case you missed the town hall, you can watch it here.

Know Your Rights, Check Your Registration, and Find Your Polling Place!
Early voting for the November 3 General Election begins Saturday, October 24, and continues through Sunday, November 1.

Assembly Member Rebecca A. Seawright reminds constituents that every eligible New Yorker has the right to vote safely, independently, and without intimidation or interference.

Voting by Mail? Return your ballot as early as possible, carefully follow the instructions, and sign the ballot envelope. Due to changes in USPS postmark procedures, voters mailing ballots close to Election Day should request a free hand-stamped postmark at the post office. Completed ballots may also be dropped off at designated voting locations.

Important Election Dates:

- Saturday, October 24: Early voting begins. Last day to register to vote or request an absentee or early mail ballot online or by mail.
- October 24 – November 1: Early voting at designated polling locations.
- Monday, November 2: Last day to request an absentee or early mail ballot in person at your local Board of Elections.
- Tuesday, November 3: Election Day! Polls are open from 6 a.m. to 9 p.m.
- Tuesday, November 10: Deadline for Boards of Elections to receive mailed ballots postmarked by Election Day.

Know Your Rights at the Polls
New York Attorney General Letitia James reminds voters that they have the right to:

- Vote free from intimidation, harassment, or interference.
- Vote without photo identification in most circumstances.
- Request assistance if they have a disability or need language assistance.
- Request an affidavit ballot if their name does not appear in the poll book and they believe they are eligible to vote at that location.
- Cast their ballot if they are in line when polls close.

If you experience problems voting, contact the Attorney General's Election Protection Hotline at 1-866-390-2992.

Read Attorney General James' Voting Rights Guidance

Check Your Registration and Find Your Polling Place
Before heading to the polls, confirm your voter registration status and assigned voting location. Your early voting site may be different from your Election Day polling site.

- **Check Your Voter Registration Status**
- **Find Your Early Voting and Election Day Polling Sites**

Assembly Member Seawright Highlights Support for Older New Yorkers at NYC Aging Town Hall



Assembly Member Rebecca A. Seawright, Chair of the New York State Assembly Committee on Aging, joined NYC Aging Commissioner Dr. Lisa Scott-McKenzie and

community members at Lenox Hill Neighborhood House for a town hall focused on essential services for older New Yorkers.

Seawright highlighted her commitment to helping older adults age in place with dignity and independence, including funding she secured for a new refrigerator to support Lenox Hill Neighborhood House's meal programs and Teaching Kitchen.

She thanked Commissioner Scott-McKenzie and Lenox Hill Neighborhood House for their continued partnership and dedication to keeping older New Yorkers healthy, independent, and connected to their communities.

Governor Hochul Signs Francesco's Law Cosponsored and Strongly Supported by Seawright at New Yorkers Against Gun Violence Benefit



Assembly Member Rebecca A. Seawright joined Governor Kathy Hochul at the New Yorkers Against Gun Violence annual benefit for the signing of Francesco's Law, strengthening firearm safe storage protections. A strong supporter and cosponsor, Seawright congratulated Diana Cochran and Jennifer Allsop of Francesco's Foundation for their tireless advocacy in memory of Diana's 17-year-old son, Francesco.



Francesco's mother Diana Cochran, Jennifer Allsop, Assembly Members Rebecca Seawright, Jo Anne Simon, Khaleel Anderson, and Rebecca Fischer, Executive

Director of New Yorkers Against Gun Violence.

Seawright, Assembly Sponsor of the Adopted State Equal Rights Amendment Joins Former Congresswoman Carolyn Maloney In Calling For The Passage Of The Equal Rights Amendment In The First 100 Days of the 120th United States Congress



Assembly Member Rebecca A. Seawright joined former Congresswoman Carolyn Maloney at Equality Now's 15th Annual Make Equality Reality event on October 21. The evening celebrated global leaders and advocates advancing gender equality and the rights of women and girls.

Seawright Delivers Remarks at 92NY's Himan Brown Older Adult Program Reopening



Assembly Member Rebecca A. Seawright, Chair of the New York State Assembly Committee on Aging, delivered remarks at 92NY's Welcome Back Celebration for the Himan Brown Older Adult Program. Seawright celebrated the reopening of its newly renovated space and applauded 92NY's commitment to helping older New Yorkers stay active, engaged, and connected through lifelong learning and community programs.

Seawright Community Office Hosted No-Cost COVID Booster Shot Clinic



Rabbi Michael Miller received his COVID booster at another successful clinic in partnership with Drug Mart.

Assembly Member Seawright Hosted A No-Cost Paper Shredding Event on Roosevelt Island Joined By RIOC CEO BJ Jones



Assembly Member Rebecca A. Seawright hosted a free community paper shredding event on Roosevelt Island, helping residents safely dispose of sensitive documents and protect their personal information. The event provided a convenient way for

neighbors to securely shred unwanted paperwork while promoting identity theft prevention and responsible recycling.

A Howling Good Time at Carl Schurz Park!
Seawright Announces Halloween Howl Contestants



Assembly Member Rebecca A. Seawright was delighted to serve as an announcer at the Carl Schurz Park Conservancy's annual Halloween Howl on October 18!

More than 200 creatively costumed pups brought Halloween spirit to the Upper East Side for this beloved neighborhood tradition.

Thank you to the Carl Schurz Park Conservancy, organizers, volunteers, and all the adorable four-legged participants for making this such a fun and festive community celebration!



Senator Liz Krueger and Assembly Member Seawright joined interns Amalia and Michelle to share resources with pets and their owners.

Seawright Supports Innovative Cancer and Aging Research



Assembly Member Rebecca A. Seawright, Chair of the Assembly Committee on Aging, met with Dr. Samuel Waxman and Dr. Ryan Schoenfeld, CEO of The Mark Foundation for Cancer Research, to discuss groundbreaking cancer research. Building on $200,000 in state funding she helped secure, Seawright is advocating for a $5 million investment in the upcoming State Budget to develop a blood-based test aimed at identifying cancer risk early and improving prevention and treatment for older New Yorkers.

Seawright Celebrates and Supports Health Advocates for Older People at Annual Treasures Gala



Assembly Member Rebecca A. Seawright, Chair of the Assembly Committee on Aging, delivered remarks at Health Advocates for Older People's annual Treasures Gala at the Union League Club. Seawright highlighted her continued financial support for the organization, including an additional $40,000 in state funding secured in 2026, to strengthen free programs that help older New Yorkers remain healthy, independent, and connected to their communities. She congratulated honorees Melissa Bernstein and Nancy Scully and thanked the organization's leadership, staff, and volunteers for their dedication to aging with dignity.

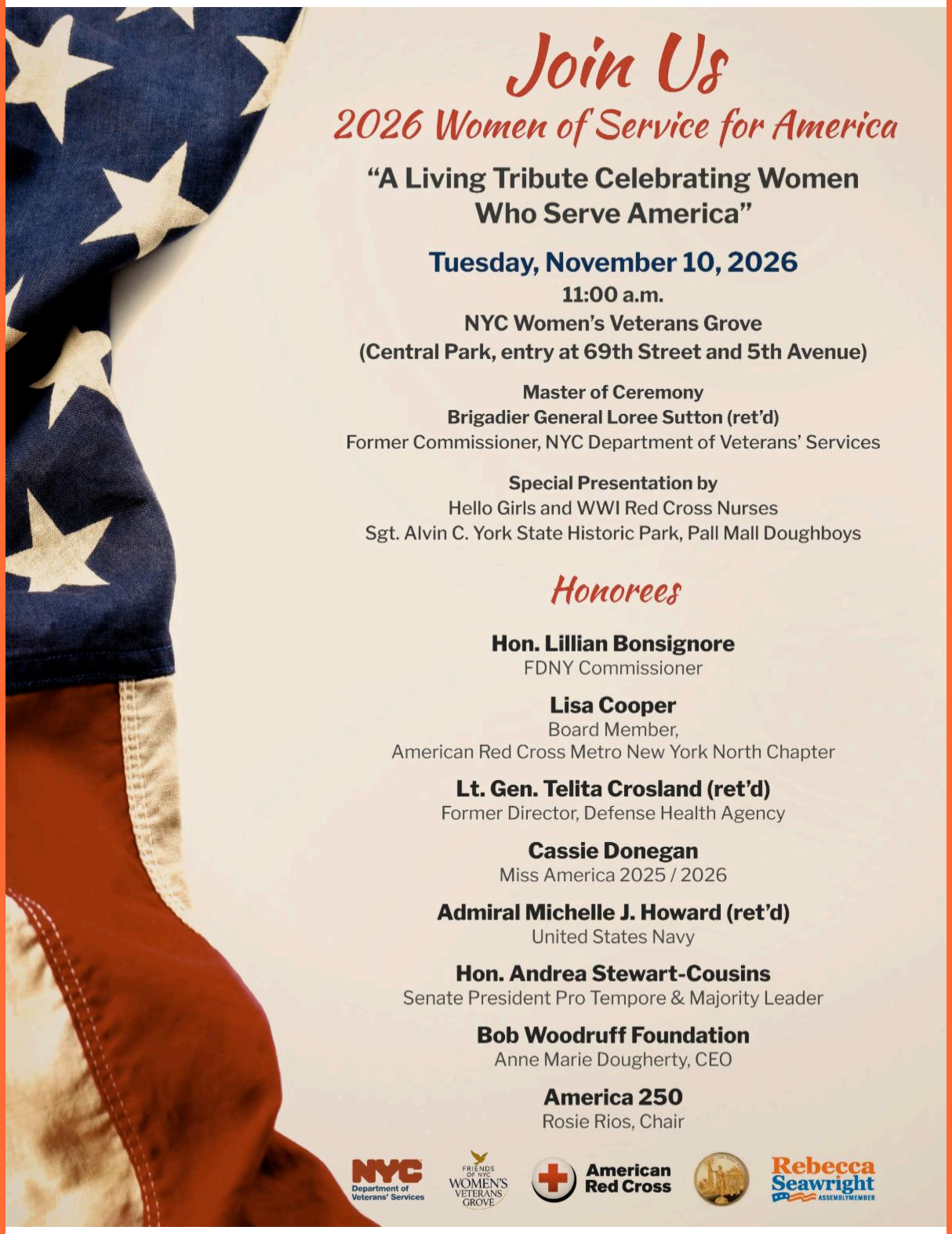
Happy Birthday Longtime Upper Eastside Resident David Hochberg



Seawright and Howard Teich To Co-Chair 2026 Women of Service for America Celebration

Join Assembly Member Rebecca A. Seawright and Howard Teich, co-chairs of the 2026 Women of Service for America celebration, on Tuesday, November 10, at 11:00 a.m. at the NYC Women's Veterans Grove in Central Park. This special tribute will honor extraordinary women whose leadership, service, and dedication have

made a lasting impact on our nation, including military veterans, public servants, and community leaders.





Upper East Side & Roosevelt Island Fall + Halloween Events

Event details provided for October 2026; check with organizers for updates.



Halloween Spooktacular on the Esplanade

Saturday, October 24 | 1–4 PM
Andrew Haswell Green Park, East 60th Street and the East River
Dress up and join EsplanadeFriends for a free, family-friendly afternoon of live music, face painting, pumpkin painting, crocheting, and children's activities. Enjoy free ice cream from a la mode while supplies last. Subject to weather cancellation.
Learn more and check for updates

Roosevelt Island Halloween Extravaganza & Parade

Saturday, October 24 | 10:45 AM–3 PM
Raindate: October 25
Southpoint Park, Roosevelt Island
Put on your favorite costume and join the Roosevelt Island Operating Corporation for a Halloween celebration featuring a costume parade, marching band, food, carnival games, rides, and giveaways!
Joining the parade? Gather inside Capobianco Field beginning at 10:15 AM. The parade steps off at 10:45 AM.

YCS Fall Festival

Sunday, October 25 | 11 a.m.–3 p.m.
East 88th Street, between York and First Avenues
Enjoy bounce houses, face painting, crafts, games, food, and community partners.

Lexington Academy's Halloween Bash

Thursday, October 29 | 4 p.m. onward
P.S. 72, The Lexington Academy, 131 East 104th Street
Featuring a live DJ, dancing, crafts, yard games, costume showcases, hot food, and sweet treats. Free for children; $7 for adults ages 16 and older. Proceeds benefit the PTA enrichment fund.

Asphalt Screams 2026

Friday, October 30 | Time to be confirmed
Litwin Field at Asphalt Green's Upper East Side campus

UES Community Unity's Third Annual Halloween Community Trick-or-Treat

Saturday, October 31 | 3–5 p.m.
East 86th Street Plaza, next to Shake Shack
Grab a bag, then trick-or-treat at participating local merchants.

Carnegie Hill Neighbors' Annual Spooktacular

Saturday, October 31 | 4–5:30 p.m.
East 92nd Street, between Fifth and Park Avenues
A free, family-friendly Halloween block party featuring costumes, music, dancing, and trick-or-treating.

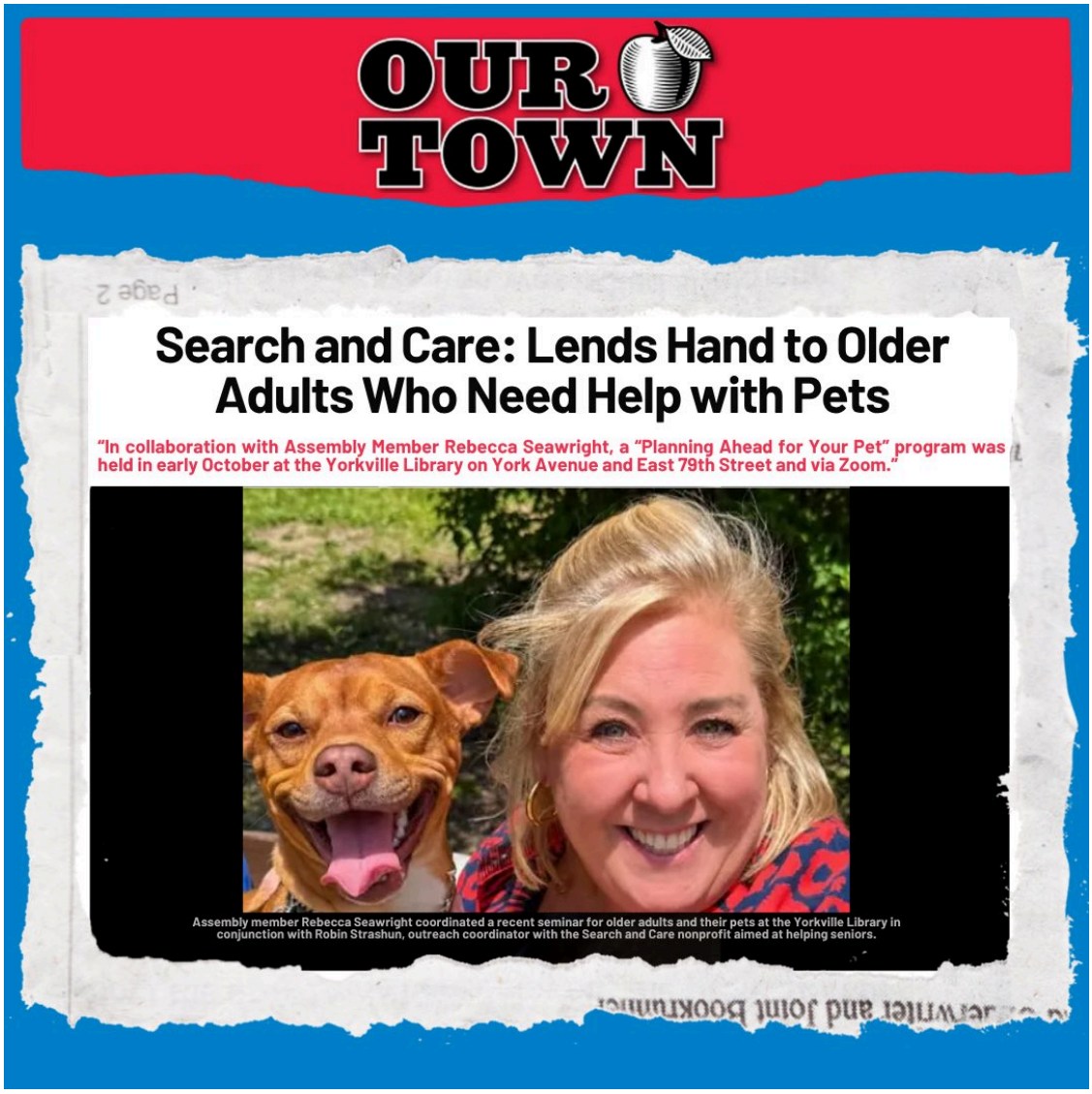
Please confirm event details with organizers before attending.

Statement from Assembly Member Seawright on the Vandalism at 86 Street Capital One Bank

Rebecca Seawright
ASSEMBLYMEMBER

> **I condemn the vandalism at the Capital One Bank on East 86th Street this morning. Smashing windows and defacing a neighborhood business are unacceptable acts that threaten the sense of safety our community deserves. Thank you to the NYPD Hate Crimes Task Force for quickly responding and investigating. Antisemitism, hate, and intimidation have no place on the Upper East Side or anywhere in our city.**

Arlene Kayatt Highlights Assembly Member Seawright's Pet Planning Workshop in Our Town



Thank you to Arlene Kayatt and Our Town for highlighting our recent "Planning Ahead for Your Pet" workshop at the Yorkville Library!
We were proud to partner with Search and Care and Robin Strashun to help our neighbors prepare for their pets' future care, including emergency planning, identifying trusted caregivers, and accessing valuable community resources.
Thank you to Arlene for shining a spotlight on this important issue and our continued partnership with Search and Care!
🐾 **Read the article: Search and Care: Lends Hand to Older Adults Who Need Help with Pets — October 17, 2026.**

Consider Our Office Your Resource

2026 TCS New York City Marathon – Sunday, November 1! Plan Ahead for Street Closures



The 2026 TCS New York City Marathon returns on Sunday, November 1, beginning at 8:00 a.m.! Thousands of runners will travel through all five boroughs before crossing the finish line in Central Park.

Residents of the Upper East Side and Yorkville should prepare for significant street closures, parking restrictions, and traffic delays.

Upper East Side Street Closures – Sunday, November 1:

- First Avenue (59th Street to Willis Avenue Bridge): 7:00 a.m.–10:30 p.m.
- 59th Street (Queensboro Bridge to First Avenue): 6:00 a.m.–9:30 p.m.
- Queensboro Bridge Lower Level (both directions): 6:30 a.m.–5:30 p.m.
- Fifth Avenue (90th to 120th Streets): 9:00 a.m.–7:30 p.m.
- East 90th Street (Fifth Avenue to Central Park East Drive): 8:30 a.m.–6:30 p.m.
- Central Park's 65th and 79th Street Transverses: Midnight–9:30 p.m.
- Central Park's 96th Street Traverse: 9:00 a.m.–9:30 p.m.

Additional Restrictions:

- FDR Drive exits at East 63rd, 71st, 79th, and 96th Streets will experience intermittent closures from 8:45 a.m. to 7:30 p.m.
- No parking on First Avenue between East 58th and 125th Streets from Saturday, October 31, through Sunday, November 1.
- Additional parking restrictions will affect portions of Fifth Avenue and nearby side streets.

Closures and reopening times are subject to change at the discretion of the NYPD. Please plan ahead and allow extra travel time.

Stay Informed:

- NYC Marathon Information and Course Details
- Text NYCMARATHON to 692-692 for event updates.
- For Spanish updates: Text MARATHONESP to 692-692.

Come out and cheer on the runners as they make their way through our community!

BENEFITS SCREENING & APPLICATION ASSISTANCE

LiveOn NY
Making New York a better place to age

Rebecca Seawright
ASSEMBLYMEMBER

Wednesday, November 4
10am-2pm

The Office of AM Rebecca Seawright 1485 York Avenue (78/79 Streets)
By appointment only!
Please call 212-288-4607 or seawrightr@nyassembly.gov to register

GET SCREENED TO SEE IF YOU ARE ELIGIBLE FOR:
SNAP, SCRIE/DRIE, SCHE, STAR, HEAP, Lifeline, Medicaid, Medicare Savings Program (MSP), Low Income Subsidy

Please bring the following documents:

- ID, Social Security card & Medicare card
- Proof of current monthly income (2026 Social Security award letter, pension statement, paystubs)
- Rent/maintenance/mortgage statement
- Current and previous leases (for SCRIE/DRIE)
- Utility bills
- Medical bills within the last 3 months (if applicable)

Rebecca Seawright
ASSEMBLYMEMBER

SPOTLIGHT ON AGING:

NYC Heat Season Is Underway: Know Your Rights

New York City's annual heat season began October 1 and continues through May 31. During this period, residential building owners are legally required to provide

adequate heat to tenants.

Under NYC law:

- Between 6 a.m. and 10 p.m.: Indoor temperatures must be at least 68°F when the outside temperature falls below 55°F.
- Between 10 p.m. and 6 a.m.: Indoor temperatures must be at least 62°F, regardless of the outdoor temperature.
- Hot water: Landlords must provide hot water at a minimum temperature of 120°F, 24 hours a day, year-round.

If your apartment does not have adequate heat or hot water, notify your landlord or building superintendent immediately. If the problem is not resolved, file a complaint with NYC 311 by calling 311 or visiting **NYC311**.

The NYC Department of Housing Preservation and Development (HPD) investigates heat and hot water complaints and can issue violations and penalties to building owners who fail to comply.

Assembly Member Rebecca A. Seawright encourages residents experiencing heating problems to contact her Community Office at 212-288-4607 for assistance navigating City and State agencies.

Explore Artificial Intelligence at Lenox Hill Neighborhood House

Curious about artificial intelligence (AI) and how it can make everyday life easier? Join Lenox Hill Neighborhood House for an interactive Introduction to AI Workshop on Tuesday, November 3, from 10:30 a.m. to 12:00 p.m.
Designed for beginners and all experience levels, the workshop will explore how AI works, practical uses in daily life, and important safety and ethical considerations. Participants are encouraged to bring a smartphone, tablet, or laptop.

Date: Tuesday, November 3, 2026
Time: 10:30 a.m. – 12:00 p.m. (Check-in at 10:00 a.m.)
Location: Lenox Hill Neighborhood House, 331 East 70th Street
Registration: $50 donation, including refreshments
Proceeds support Lenox Hill Neighborhood House's essential community programs serving 16,000 New Yorkers annually.

Advance registration is required. **Visit Lenox Hill Neighborhood House's website to register** or contact **dsamuelson@lenoxhill.org** for more information.

Rebecca Seawright
ASSEMBLYMEMBER

NO-COST NOTARY PUBLIC SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10AM-1PM	10AM-12PM	10AM-1PM	10AM-12PM	10AM-1PM

PLEASE REMEMBER TO BRING PHOTO ID AND YOUR WITNESSES IF YOUR DOCUMENT REQUIRES THEM

Upcoming Events

Lincoln Center Open House
Sunday, October 25, 11 a.m.–6 p.m.
Lincoln Center campus
Enjoy a free day of performances and activities, including Broadway storytime, children's dance workshops, music, and costume and puppet making. No registration is required.

The Flight Nurses' War: Book Talk at Roosevelt House
Wednesday, October 28 | 6 PM
Roosevelt House, 47–49 East 65th Street
Join author and Hunter College professor Leah Garrett and retired Major General Mari Eder for a discussion of The Flight Nurses' War, which tells the story of American women who saved thousands of lives during World War II. Admission is free; advance registration is required.
View event details and registration information

The Met's Fall Neighbors and Community Conversation
Thursday, October 29, 6–8 p.m.
Art Study Room, Uris Center for Education, The Metropolitan Museum of Art, 1000 Fifth Avenue
Learn about the latest developments and upcoming activities at The Met during a conversation with neighbors and community members. RSVP is required.

E-Bike Safety Virtual Information Session
Join Council Member Virginia Maloney for a virtual information session on e-bike safety proposals and the City Council's legislative package to make our streets safer for pedestrians, cyclists, and all New Yorkers.
Friday, October 30, Noon–1:00 PM
Virtual — RSVP to receive the webinar link

Register here
For questions, contact District4@council.nyc.gov or 212-818-0580.

Halloween Teen Takeover at the Library

Saturday, October 31 | 6:30–9 PM
Stavros Niarchos Foundation Library, 455 Fifth Avenue at 40th Street
Teens ages 13–19 are invited to a Halloween Spooktacular featuring a costume contest, face painting, a haunted hall, games, crafts, DJs, dancing, a clothing swap, and book giveaways.
Reserve your spot

Free Virtual Health Talk: Understanding the "Pause" in Menopause

Wednesday, November 4 | 6 PM | Zoom
Join Lenox Hill Hospital for a free Community Health Series discussion about perimenopause and menopause. Experts Dr. Stephanie McNally and Dr. Rutenberg will cover symptoms, treatment options, hormone therapy, and the role of bone and gut health. An audience Q&A will follow.
Scan the QR code on the accompanying flyer to register.

In Case You Missed It: Past Editions of the Community Report

Community Update: October 16, 2026

Community Update: October 9, 2026

Community Update: October 2, 2026

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