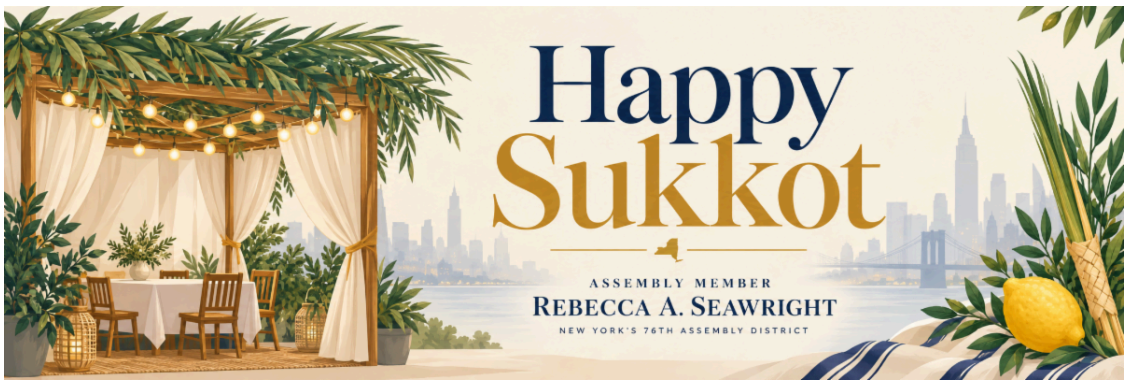
Rebecca Seawright

ASSEMBLYMEMBER





Dear Friends and Neighbors,

I hope all who observed Yom Kippur on Monday had a meaningful fast and time for reflection. As Sukkot begins tonight, I extend warm wishes to everyone celebrating. May this season bring renewed connections with family and community. Chag Sameach!

As we enter the weekend, please prepare for strong winds, heavy rain, and possible coastal flooding. New York City Emergency Management has issued a travel advisory through Sunday. Secure loose outdoor items, avoid unnecessary travel during severe weather, and never walk or drive through floodwater. Please check on older neighbors and others who may need assistance, and check with event organizers before heading to outdoor activities. Stay informed by texting NOTIFYNYC to 692-692 or registering for Notify NYC. Residents of basement apartments can also register for automated flood-warning calls. Call 311 for non-emergency concerns and 911 for immediate danger.

This week, the Human Rights Program at Roosevelt House and Sisterhood Is Global Institute celebrated the late Robin Morgan and Gloria Steinem, whose work has inspired generations of advocates for women's rights. Tuesday's program brought together fellow advocates to recognize their extraordinary contributions. Their example reminds us of our responsibility to continue advancing equality.

Tomorrow, September 26, is Family Health and Fitness Day, an opportunity to make time for our well-being across generations. With severe weather expected, please keep safety at the center of your plans and consider ways to stay active together indoors. As Chair of the Assembly Committee on Aging, I remain committed to connecting older adults and their families with accessible health services and community support.

Our office is partnering with Drug Mart to offer a no-cost flu shot clinic on Tuesday, September 29, from 10:00 a.m. to 5:00 p.m. at our Community Office, 1485 York Avenue, between East 78th and East 79th Streets. Appointments are required. Please call 212-288-4607 or email SeawrightR@NYAssembly.gov to reserve your flu shot, and bring your insurance card and identification.

I invite you to join us at our upcoming events:

- Tuesday, September 29, 10:00 am - 5:00 pm - **No-Cost Flu Shot Clinic** at our Community Office, 1485 York Avenue (78/79 Streets). Call 212-288-4607 or email SeawrightR@NYAssembly.gov to RSVP or use the link below: https://drugmart.fullslate.com/services/1489?location=1436&start=6839

- Monday, October 5 at 2:00 pm - **Planning Ahead for Your Pet** at our Community Office, 1485 York Avenue (78/79 Streets). Call 212-288-4607 or email SeawrightR@NYAssembly.gov to RSVP.

- Wednesday, October 7, 10:00 am – 2:00 pm – **Benefits Screening with LiveOn NY** at our Community Office, 1485 York Avenue (78th/79th Streets). By appointment only. Call 212-288-4607 or email **SeawrightR@NYAssembly.gov** to schedule.

- Wednesday, October 21, from 2:00–6:00 p.m. — **Community Job Fair at Metropolitan Hospital**, 1901 First Avenue. Assembly Member Rebecca A. Seawright is proud to co-sponsor this event with State Senator José M. Serrano, connecting job seekers with employment opportunities and community resources.

- Friday, October 23, from 9:00 a.m. to 12:00 p.m. — **No-Cost Community Shredding Even**t at Motorgate Turnaround, 688 Main Street, Roosevelt Island, NY 10044.

Our office is always just a phone call, email, or visit away.

Phone: 212-288-4607
Email: SeawrightR@NYAssembly.gov



REBECCA A. SEAWRIGHT

Dolly Parton Day



State of New York

Executive Chamber

Proclamation

Whereas, New Yorkers proudly join together to celebrate the life and legacy of Dolly Parton, a beloved and iconic country music star with a prolific career spanning seven decades whose journey began in a rustic cabin in the Appalachian region of East Tennessee; and

Whereas, deeply influenced by her family and her upbringing in the Smoky Mountains, her life reflected a profound understanding that home is not defined by status or wealth, but by a rich inventory of the love and memories that shape everyday life; and

Whereas, while her legendary career placed her on the global stage, her roots remained firmly grounded in her beginnings, and her rhinestone-studded heels always led her back home; and

Whereas, a champion for all and a compassionate force for good, Dolly Parton founded the Imagination Library in 1995 as a loving tribute to her father, who was unable to read or write; and

Whereas, what began as a local effort has grown into the world's largest early childhood book-gifting program, fostering a lifelong love of literacy across the globe and donating over 300 million books to children from infancy to age five; and

Whereas, this year, the State of New York proudly partnered with Dolly Parton's Imagination Library, launching a $1 million grant initiative to help local partners fund and expand early childhood literacy programs; and

Whereas, she beautifully exemplified a servant's heart through her relentless optimism, profound empathy, and joyful outlook on life, guided by the enduring belief that those with the ability to help others carry a responsibility to do so; and

Whereas, true to that philosophy, she donated millions of dollars to vital causes, including education, health care, and disaster relief; and

Whereas, her unrivaled talent took the world by storm with countless hit songs, most famously capturing the universal working experience in her timeless workforce anthem, "9 to 5"; and

Whereas, Dolly Parton's life stands as a powerful testament to dreaming big, believing in oneself, and lifting up others, ensuring her legacy lives on through the millions of lives changed by her music and philanthropy, leaving behind a world that will always love her;

Now, Therefore, I, Kathy Hochul, Governor of the State of New York, do hereby proclaim September 25, 2026, as

DOLLY PARTON DAY

in the Empire State.

Given under my hand and the Privy Seal of the State at the Capitol in the City of Albany this twenty-fourth day of September in the year two thousand twenty-six

Kathy Hochul
Governor

Secretary to the Governor
Karen Persichilli Keogh

Celebrating the Lives of Gloria Steinem and Robin Morgan at Roosevelt House



The Human Rights Program at Roosevelt House and Sisterhood Is Global Institute honored Gloria Steinem and Robin Morgan on Tuesday, September 22, celebrating their lasting contributions to the women's rights movement.

The program brought together generations of advocates, with tributes from speakers including Jane Fonda and a performance by Judy Collins. The celebration recognized Steinem and Morgan's decades of leadership and the continuing work of advancing equality for women around the world.

Recognizing The Melody Project's Work Connecting Generations



Assembly Member Rebecca A. Seawright welcomed Gemma Wang to the Community Office on September 23 to recognize her work through The Melody Project. Wang is the founder and president of the youth-led nonprofit, which connects students and older adults through music and shared activities. (themelodyproject.org)

The Melody Project addresses social isolation by creating opportunities for meaningful relationships across generations. Its work reflects a priority of Assembly Member Seawright's leadership as Chair of the Assembly Committee on Aging: helping older New Yorkers remain connected to their communities.

Connecting with Neighbors at the Third Avenue Community Festival





Assembly Member Rebecca A. Seawright's office participated in the Third Avenue Community Festival on Saturday, September 19, with a table between East 75th and East 76th Streets.

The festival provided an opportunity for neighbors to connect with the office, ask questions, and learn about constituent services and upcoming events. Thank you to the staff and interns who helped throughout the day and to everyone who stopped by. Community events like these help keep our office connected to the concerns and priorities of the people we serve.

Standing Together Against Antisemitism Rally





Special Assistant Ethan Nachmani represented Assembly Member Rebecca A. Seawright at the “No More Excuses” Rally Against Antisemitism on Wednesday, September 23, at Dag Hammarskjöld Plaza.

Held as world leaders gathered for the United Nations General Assembly, the rally brought together Jewish organizations and fellow New Yorkers to demand decisive action against antisemitism. Participants emphasized that words must be matched by action to protect Jewish communities and confront hate. Assembly Member Seawright remains committed to combating antisemitism and ensuring that Jewish New Yorkers can live openly and safely.

Storm Resources: Prepare and Stay Informed

New York City Emergency Management has issued a travel advisory for Friday, September 25, through Sunday, September 27, with heavy rain, strong winds, and coastal flooding possible. A Coastal Flood Advisory is also in effect for Manhattan from 6:00 p.m. Friday through 6:00 p.m. Sunday. Residents should limit unnecessary travel during severe weather and monitor official updates.
Please take these precautions:

- Secure outdoor furniture and other loose items, and keep drains and building entrances clear of debris.
- Never walk or drive through floodwater. If flooding enters a basement apartment, move to a higher floor and stay out of flooded basements.
- Check on older neighbors, people with disabilities, and others who may need assistance.
- Check transportation updates and confirm outdoor event schedules before leaving home.
- Call 311 to report non-emergency flooding or dangerous tree conditions. Call 911 for immediate danger.

Sign up for free emergency alerts by texting NOTIFYNYC to 692-692 or visiting **Notify NYC**. Basement apartment residents can select the basement apartment option to receive automated flood-warning calls. Visit **NYC Weather Updates** for additional guidance.

Consider Our Office Your Resource



Energy Rebate Checks Coming to New York Households

Beginning September 21, New York State will mail one-time Protecting Our Wallets Energy Rebate (POWER) checks to eligible households to help offset rising utility and household costs. This relief was included in the State Budget and will reach approximately 8.2 million households statewide.

Eligible New Yorkers will receive:

- $200 for joint filers earning less than $150,000
- $150 for joint filers earning between $150,000 and $300,000
- $100 for single filers earning less than $150,000

No application or registration is required. Checks will be mailed automatically between September and December based on information from 2024 New York State resident income tax returns. Eligible recipients must have filed a timely return, been full-time New York State residents, met the applicable income requirements, and not have been claimed as a dependent.

[Learn more about the POWER energy rebate checks]

Baby Safety Month: Tips to Keep Little Ones Safe



September is Baby Safety Month. The New York State Division of Consumer Protection is sharing important guidance to help parents and caregivers protect babies at home and on the go, including safe sleep practices, babyproofing, product-recall checks, and proper car-seat use.

[Download the Baby Safety Checklist]



Spotlight on Aging: Met Council Senior Services

Met Council provides supportive services designed to help older New Yorkers remain safe, connected, and independent:

Geriatric Social Work Services: On-site case management for older residents of Met Council's inclusionary housing developments, including benefits assistance, long-term care planning, short-term counseling, referrals, workshops, and social activities.

- Elder Abuse Prevention: Assistance for older adults who have experienced financial exploitation, including help filing police reports, seeking orders of protection, accessing benefits, navigating court proceedings, and addressing

urgent financial needs. To determine eligibility, call 212-453-9685 or email elderjustice@metcouncil.org.

- Senior Repair: Free minor home repairs for eligible low-income older adults, including installing grab bars, changing locks, repairing floor tiles, replacing doorknobs, and installing screens. To determine eligibility, call 212-453-9539 or email Help@metcouncil.org.

Learn more about Met Council and its services



Rebecca Seawright
ASSEMBLYMEMBER

NO-COST NOTARY PUBLIC SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10AM-1PM	10AM-12PM	10AM-1PM	10AM-12PM	10AM-1PM

PLEASE REMEMBER TO BRING PHOTO ID AND YOUR WITNESSES IF YOUR DOCUMENT REQUIRES THEM

CUNY Application Fee Waived for NYC Public High School Seniors



New York City public high school seniors can apply to CUNY without paying the $65 freshman application fee from September 15 through November 16, 2026. Students and families are encouraged to take advantage of this opportunity and begin exploring CUNY's colleges and programs.

Learn more and apply through CUNY

Upcoming Events



Make an Appointment Below:
https://drugmart.fullslate.com/services/1489?location=1436&start=6839



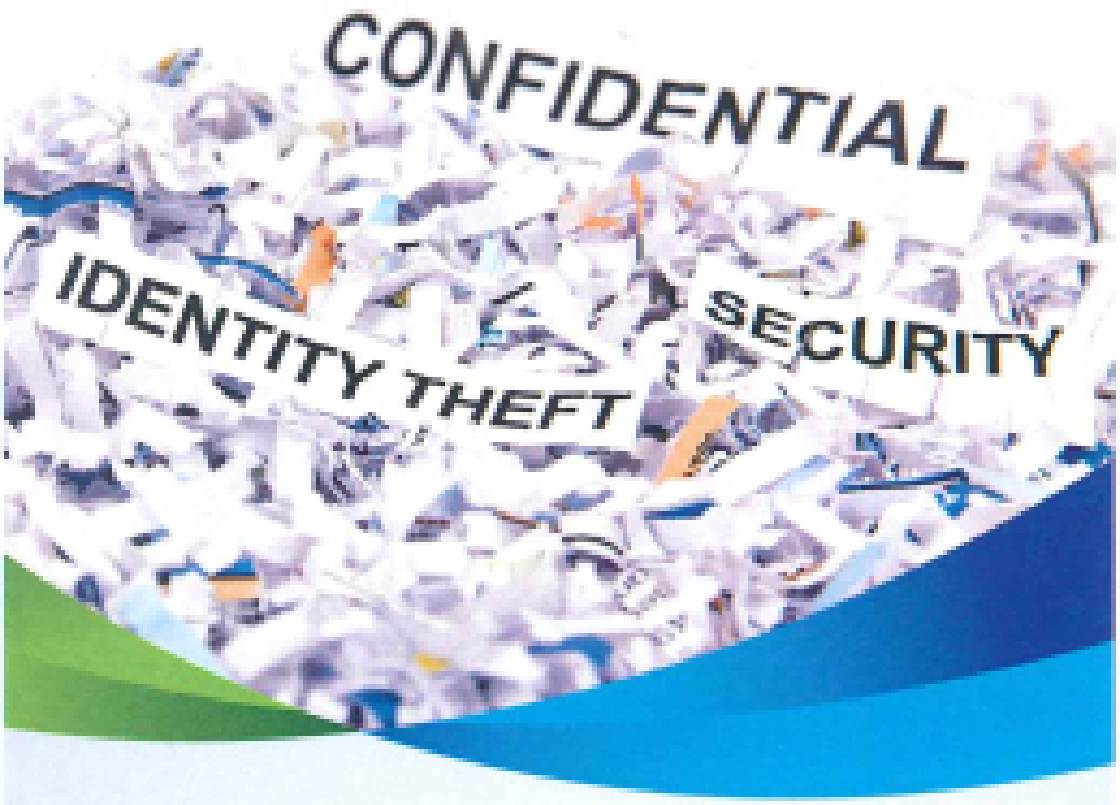
Upcoming Registration Event

Date: Saturday, September 26

Time: 9:00 am to 5:00 pm

Location: Manhattan Center for Science & Mathematics
260 Pleasant Avenue
New York, NY 11029

Find more information about registration events, eligibility, and requirements at **nyc.gov/SnowEmploy**.



FREE

SHRED EVENT

October 3, 2026
10:00 am - 1:00 pm

Shred your personal documents and papers securely... for FREE!

No appointment necessary.
Limit five boxes per household.

Yorkville Branch

1646 1st Avenue

New York, NY 10028
(212) 348-2200

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ridgewoodbank.com

Member FDIC

Rebecca Seawright
ASSEMBLYMEMBER

Search and Care

PLANNING AHEAD FOR YOUR PET

PRESENTED BY ROBIN STRASHUN

Outreach, PET, Medical Escort and Volunteer Coordinator | Search and Care



WHAT YOU'LL LEARN

- Create an Advance Pet Plan and an alert wallet card
- Organize essential veterinary and caregiving information
- Identify trusted helpers and emergency backup arrangements
- Explore PET resources and eligibility-based financial support

MONDAY, OCTOBER 5, 2026 | 2:00 PM

District Office of Assembly Member Rebecca A. Seawright

1485 York Avenue, New York, NY 10075

Between East 78th and East 79th Streets

RSVP

seawrightr@nyassembly.gov | 212-288-4607

Pet owners of all ages are welcome.

Search and Care: 212-289-5300 | SandC@searchandcare.org | searchandcare.org



José M. Serrano
NEW YORK STATE SENATOR
DISTRICT 29

NEW YORK STATE | Department of Labor
WORKING FOR YOU

JOB FAIR

Looking for your next career opportunity?
Join us at our Job Fair!

Date
Wednesday,
October 21

Time
2:00pm-6:00pm

Location
Metropolitan Hospital
1901 1st Ave
(Between E 97th & E 99th St.)
New York, NY 10029

***Bring multiple copies of a one-page resume to share with potential employers**

For more information, call Senator Serrano's office at 212-828-5829

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Liz Krueger STATE SENATOR | 28TH DISTRICT

Brad Hoylman-Sigal MANHATTAN BOROUGH PRESIDENT

VIRGINIA MALONEY

Rebecca Seawright ASSEMBLYMEMBER

ASSEMBLYMEMBER EDDIE GIBBS

New York State Senator
Cordell Cleare

REGISTRATION FOR JOBSEEKERS



Rebecca Seawright
ASSEMBLYMEMBER



NO-COST COMMUNITY SHREDDING 2026

FRIDAY, OCTOBER 23RD
9 AM - 12 PM

MOTORGATE TURNAROUND
688 MAIN ST, ROOSEVELT ISLAND, NY 10044

NO NOTEBOOKS, BINDINGS, OR X-RAYS

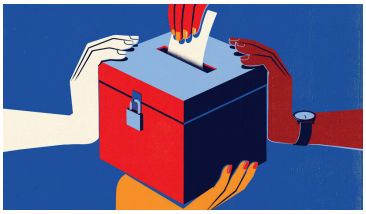
OFFICE OF NYS ASSEMBLY MEMBER REBECCA A. SEAWRIGHT
1485 YORK AVENUE
212-288-4607
SEAWRIGHTR@NYASSEMBLY.GOV

Volunteer with Green Park Gardeners NYC
Fridays at 9:00 a.m.
Alice Aycock Pavilion at East 60th Street
Help Green Park Gardeners NYC care for and beautify the public gardens surrounding the Queensboro Bridge. Community volunteers are welcome.

Learn more about volunteering



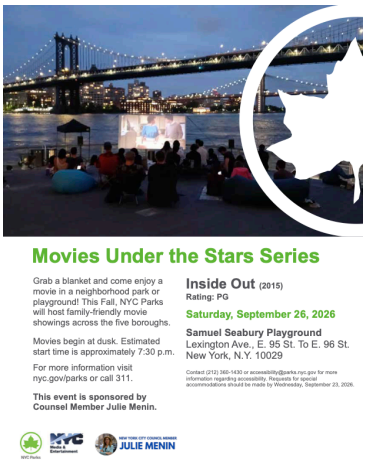
The Role of Big Money in Politics



Tuesday, September 29, 2026 | 6:30–7:30 p.m.
Virtual
This town hall will examine corporate spending in elections and potential changes to campaign-finance laws. A question-and-answer session will follow.

Register Here

Movies Under the Stars: Inside Out



Saturday, September 26, approximately 7:30 p.m.
Samuel Seabury Playground, Lexington Avenue between East 95th and East 96th Streets
Bring a blanket and enjoy a free, family-friendly outdoor screening of Disney and Pixar's Inside Out. The event is sponsored by Council Member Julie Menin.

Visit NYC Parks for event information

Older Adult Resource Fair



Thursday, October 1, 2026 | 11:30 a.m.–2:30 p.m.
Lenox Hill Neighborhood House, 331 East 70th Street, Lower-Level Gym
Older adults and caregivers can meet representatives from 30 organizations and learn about community programs, services and resources. Advance registration for a one-hour time slot is required.

Register Here or call 212-490-9535.

Community Board 8 Manhattan Art Show on the East Side



Saturday, October 3, 11:00 a.m.–4:00 p.m.
James Cagney Place, East 91st Street between Second and Third Avenues
Rain date: Sunday, October 4
Community Board 8 Manhattan invites neighbors to enjoy its Art Show on the East Side and celebrate the work of local artists.

Visit Community Board 8 for more information

Events from Friends of the East River Esplanade



Latin Rhythms & Dance Featuring Rebolu

Saturday, September 26, 2026 | 1:00–4:00 p.m.
Andrew Haswell Green Park, East 60th Street and the East River
Enjoy a family-friendly afternoon of Afro-Colombian Caribbean music, dancing, crafting and children's activities. Complimentary frozen treats will be available while supplies last.

Learn More

East River Esplanade Fishing Clinic

Monday, September 28, 2026 | 5:00–7:00 p.m.
East 92nd Street on the Esplanade, north of the Marine Transfer Station
Join Friends of the East River Esplanade for an evening fishing clinic. Fishing rods will be available. Advance registration is requested.

Register Here

PowHer the Vote Virtual Event Series



Voting Integrity and Voting Rights

Tuesday, September 29, 2026 | 1:00–2:00 p.m.
This voter-education session will examine challenges to voting integrity and voting rights, separating rumors from reality.
Register Here

Child Care, the Affordability Agenda and Your Ballot

Tuesday, October 6, 2026 | 1:00–2:00 p.m.
Explore how child care and affordability policies may be affected by the upcoming election.
Register Here

The Reemergence of Pronatalism

Tuesday, October 13, 2026 | 1:00–2:00 p.m.
This session will examine pronatalism and its potential impact on gender and racial equity.
Register Here

Why True Affordability Requires Wage Justice

Tuesday, October 20, 2026 | 1:00–2:00 p.m.
Learn how wages, economic security and affordability intersect—and what these issues mean for voters.
Register Here

Affordability and Health Care

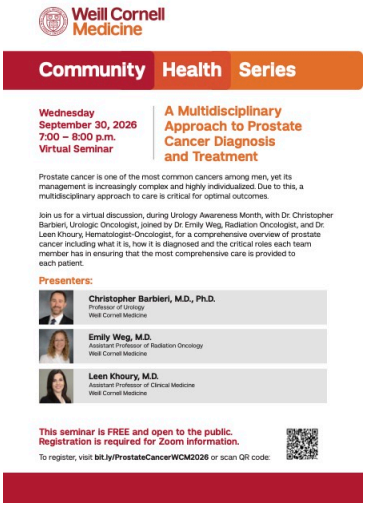
Tuesday, October 27, 2026 | 1:00–2:00 p.m.

The final session will explore healthcare affordability and policies that may be affected by the election.
Register Here

Community Health Series: Prostate Cancer Diagnosis and Treatment

Wednesday, September 30, 7:00–8:00 p.m.
Virtual seminar
Weill Cornell Medicine will present a free multidisciplinary discussion of prostate cancer diagnosis and treatment featuring specialists in urology, radiation oncology, and hematology-oncology.

Register for the virtual seminar



NYC Aging Town Hall

Wednesday, October 21, 10:00 a.m.–12:00 p.m.
Lenox Hill Neighborhood House, 331 East 70th Street
Join NYC Aging, community leaders, older adults, and advocates for a presentation on the agency's Annual Plan Summary. Attendees will have an opportunity to share feedback about meals, services, and programs and offer ideas for improving services for older New Yorkers.

Visit NYC Aging for more information



In Case You Missed It: Past Editions of the Community Report

Community Update: September 18, 2026

Community Update: September 11, 2026

Community Update: September 4, 2026

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