



Dear Friends and Neighbors,

This week, I appeared on CBS affiliate Channel 6 Albany with reporter Tom Eschen to discuss the recently released New York State Master Plan on Aging. The plan provides a roadmap for legislation and budgetary investments needed to fulfill our commitment to being an age-friendly state.

Last year, the New York City Police Department (NYPD) reported that 54 percent of all hate crimes in New York City were against Jewish New Yorkers; during the first quarter of 2025, that number rose to 62 percent. To address the unprecedented rise in Antisemitism, I am sponsoring a town hall with expert speakers on Tuesday, July 29, at Lenox Hill Neighborhood House. I hope you may join us for an important discussion.

Included in this report is more information on a widespread scam targeting elderly ATM customers on the Upper East Side. Beware the scammers, and anyone with information should call the NYPD tip line at 1-800-577-8477.

Please join us for a community event our office is pleased to sponsor:

- **No-Cost Notary Public Service** at the Community Office of Assembly Member Rebecca Seawright, 1485 York Avenue (78th/79th Streets)
Mon, Wed, Fri from 10:00 am to 1:00 pm
Tues, Thurs from 10:00 am to 12:00 pm
- Tuesday, July 15, at 3:30 pm: **No-Cost Housing Legal Clinic** at the Community Office of Assembly Member Rebecca Seawright, 1485 York Avenue (78th/79th Streets). To RSVP, please call 212-288-4607.
- Wednesday, July 16, from 10:00 am to 12:00 pm: **MetroCard Sales/OMNY Bus** at the Community Office of Assembly Member Rebecca Seawright, 1485 York Avenue (78th/79th Streets). Refill your MetroCard/OMNY card or apply for reduced fare.
- Tuesday, July 29 from 6:00 pm- 7:30 pm: **Town Hall on Combating Anti-Semitism** at Lenox Hill Neighborhood House, 331 East 70 Street (First/Second Avenues).
- Tuesday, August 5 from 4:00 pm-7:00 pm: **19th Precinct National Night Out** at St. Catherine's Park (67th/68th Streets/First Ave.).

As always, please consider our office your resource.

Phone: 212.288.4607

Sincerely,



REBECCA A. SEAWRIGHT



Rebecca
Seawright
 ASSEMBLYMEMBER

Combating Anti-Semitism:

A Community Town Hall for Action

Tuesday, July 29, 2025
6:00 pm-7:30 pm

Lenox Hill Neighborhood House
331 E 70th Street (First/Second Ave.)

RSVP: 212.288.4607
SeawrightR@NYAssembly.gov
Scan the QR code



Advocates Aging-In-Place



> **NY AGING MASTER PLAN**
» IMPACTS OF 'BIG, BEAUTIFUL BILL'

"The Master Plan for Aging is a road map to make life easier, more affordable and more equitable for our seniors."

-Assembly Member
Rebecca A. Seawright

**POWER
& POLITICS**

Asm. Seawright (D-Assembly District 76) discusses the proposals aimed at making aging in place more affordable and equitable for seniors, the resources needed for caregivers, and the impact of federal budget cuts and the importance of maintaining state funding for housing, healthcare, and the aging population.

Watch the Interview with Tom Eschen [here](#)

Seawright Presents NYS Proclamation to Marilyn Maye, 97-Years-Young Cabaret Singer at Her Sold Out Performance



Check out her presentation by clicking [here](#)!

Seawright Speaks at Gracie Mansion Jewish Heritage Celebration



Seawright said, *“As we face the rampant scourge of Antisemitism and bigotry, we must work together to publicly and unequivocally denounce hate and intolerance, no matter its form.”*



Assembly Member Seawright and District Leader Ben Akselrod.



Seawright is organizing a town hall on combating Antisemitism with speakers including Rabbi Joseph Potasnik (pictured here to the left of Seawright).



Meet Brynne Schattner, our new Constituent Liaison and Julia Yablans, our Simon Wiesenthal Center Government and Advocacy Intern.

NYS Response to Federal Cuts

In response to devastating federal cuts in the so-called “Big Beautiful Bill,” including the failure to reauthorize the Older Americans Act, a lifeline for programs like Meals on Wheels, senior transportation, and caregiver support, Assembly Member Rebecca Seawright is rebuffing this assault on older adults. This week Seawright cosigned a letter to the President and Members of Congress who supported House Resolution 1, about the devastating impacts of cuts to the Supplemental Nutrition Assistance Program (SNAP). The Assembly will hold a special session this summer amid the uncertainty caused by federal cuts.

This will be the first time in the modern history of SNAP that the federal government will no longer ensure that the lowest-income families with children, older adults, and people with disabilities in every state have access to the food assistance they need.

Most states will be required to pay 5-15% of food benefits. If a state is unable to make up for these massive federal cuts, leaders will have to cut the SNAP program, restricting eligibility, or opt out of the program and terminate food assistance.

In Case You Missed It (ICYMI): Executive Director of LiveOn NY Allison Nickerson Appeared on MNN’s Rise Up With Rebecca Seawright



Allison Nickerson, Executive Director of LiveOn NY, appears on Rise Up with Rebecca Seawright (June 2025) on the Manhattan Neighborhood Network/MNN. LiveOn NY is a membership organization of nonprofit senior service providers that builds power and capacity at the city and state levels to change public policy, grow resources, and strengthen services for older adults.

Strengthening Emergency Medical Services

Strengthening Emergency Medical Services



First responders run toward danger in the most harrowing situations – that’s why the Assembly took action to support and strengthen Emergency Medical Services (EMS) across the state. Legislation cosponsored by Assembly Member Seawright passed to address staffing shortages by requiring municipalities to create plans that ensure reliable service (A.8086-A), provide critical relief by removing EMS funding from the real property tax cap (A.2177-A) and cut costs for EMS agencies by exempting them from Thruway tolls (A.34).

Consider Our Office Your Resource

Spotlight on Aging: Health Advocates for Older People Healthy Aging Calendar



HEALTH ADVOCATES
FOR OLDER PEOPLE

JULY 2025 CALENDAR

Weekly Class Schedule: Check the Health Advocates Daily and Weekly Schedule for Zoom links, other details, and updates on closures.
All classes are 1 hour unless otherwise noted.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday HA office closed and no programs 7/4	Saturday
12:00pm Exercise with Stephanie on Zoom	10:30am *NEW* Central Park Walk with Deborah 5 th and 81 st , MET	10:00am Alexander Technique with Kim 316 E. 88 th St., CHT *Summer location* and on Zoom	9:00am Chair Yoga with Stephanie on Zoom	10:15-11:00am Strength & Tone with Reggie 921 Madison Ave., MAPC	10:00am Chair Yoga with Stephanie 341 E. 87 th St., CHT and on Zoom	11:00am -1:00pm Tech Help 404 E. 87 th St., SJC By appointment No tech help 7/26
	12:00 pm Bone Health: Exercises and Information for Healthy Aging with Lynn on Zoom	1:30pm Chair Yoga with Eve Zoom	11:00am Chair Yoga for Strength & Balance with Jana 7 West 55 th St., FAPC	11:00am Tai Chi with Luc 316 East 88 th St., CHT	12:00-4:00pm Scrabble and Rummikub 316 E. 88 th St., CHT *Summer location*	11:00am Chair Yoga with Carol 404 E. 87 th St., SJC No class 7/26
	2:00pm Reiki Self-Healing with Wendy Zoom	3:00pm Tai-Chi with Thuha Zoom	1:00pm Writing Workshop with Kathleen 341 E. 87 th St., CHT	12:00pm Essential Movement for Healthy Aging with Lynn on Zoom	2:00-4:00pm Open Knitting with Big Apple Knitters Guild 316 E. 88 th St., CHT	11:00am Chair Yoga with Stephanie Zoom
	4:30pm Dance with Alex 316 E. 88 th St., CHT		2:00pm Tai Chi with Luc 316 East 88 th St., CHT	12:30pm Strength & Tone with Reggie 50 West 131 st , AT	3:00-3:50pm Tai Chi with Thuha 109 E. 50th, SB Gym	1:00pm Movie (see pg. 2) 404 E. 87 th St., SJC No movie 7/26
			2:30 – 4:30pm Open Studios Poker 341 E. 87 th St., CHT		3:00pm Advanced Harmonica 4:00pm Beginner Harmonica with Jayi on Zoom	

LOCATION GUIDE: AT: Abyssinian Towers, 50 West 131st Street; CHT: Church of the Holy Trinity, 341 East 87th Street; or 316 East 88th Street; CHR: Church of the Heavenly Rest, 2 East 90th Street. FAPC: Fifth Avenue Presbyterian Church, 7 West 55th Street; MAPC: Madison Ave Presbyterian Church, 921 Madison Ave. (73rd Street); MET: Met accessible entrance, 5th Ave. and 81st Street; SJC: St. Joseph’s Church, 404 East 87th Street; SB: St. Bartholomew’s Church Gym, 109 East 50th Street

[Click for calendar and agenda](#)

Beware of ATM Scammers



NYPD 19th Precinct ✓

@NYPD19Pct



WANTED for GRAND LARCENY Pattern:

Between 5/8 and 6/26, suspects did scam multiple older adults on the Upper East Side at bank ATM's by stealing their debit cards and then withdrawing large sums of cash.

Anyone with info please call at 1-800-577-8477 or DM @NYPDTips.





The Office of Assembly Member Seawright is a designated Cooling Center

**1485 York Ave (79th St)
Monday to Friday**

Resources

Farmers Market Incentive for SNAP Recipients



Farmers markets across the country offer incentives to shoppers who use SNAP to purchase local food, but it all started here in NYC over ten years ago. **Health Bucks are \$2 coupons sponsored by the New York City Department of Health and Mental Hygiene that can be used to purchase fresh fruits and vegetables at all NYC farmers markets. Spend \$2 in SNAP/EBT/Summer EBT, receive a bonus \$2 Health Buck up to \$10 per visit!** This incentive stretches a SNAP budget and encourages shoppers to spend more of their monthly food assistance allotment on fresh produce from the market. Spend \$2 in SNAP/EBT/Summer EBT, get a bonus \$2 Health Buck up to \$10 per visit at all Greenmarket and Farmstand locations.

Health Bucks are accepted at all Greenmarket and Farmstand locations for the purchase of fresh fruits and vegetables.

Learn more about the NYC Department of Health and Mental Hygiene's Health Bucks program here: <https://www.grownyc.org/greenmarket/ebt/nutritionprograms>

At [GoodCauseNYC.org](https://www.goodcauseny.org), a brand-new website, NYC tenants can enter their address and answer a short set of questions to determine if their apartment unit is eligible for protections, and access resources to fight back against an unjust rent hike or lease nonrenewal. The site also includes a rent increase calculator to help renters determine if their rent hike is considered "unreasonable" by the law.

The Home Energy Assistance Program (HEAP) can cover the cost of fans and air conditioners for eligible New Yorkers. To find out if you qualify, visit: otda.ny.gov/programs/heap/#cooling-assistance.

Cash Assistance Benefits Skimming Alert

Beware of attempts to steal your EBT benefits electronically through skimming or phishing. To learn more and file an online claim for stolen Cash Assistance benefits, go to nyc.gov/site/hra/help/benefitreplacement.page

New York's Paid Family Leave Program

Since first launching in 2018, New York State Paid Family Leave has provided critical benefits to improve the lives of tens of thousands of working New Yorkers and their families. In addition to ongoing enhancements, the wage replacement benefits continue to increase in line with the New York State Average Weekly Wage. Click here to learn how Paid Family Leave may be able to help you and your family in 2025. Visit: paidfamilyleave.ny.gov/2025

Empire State Child Credit

The New York State Department of Taxation and Finance is issuing supplemental Empire State Child Credit payments to over 1.5 million low- and moderate-income New Yorkers. The 2024–2025 New York State budget provides for an additional payment to eligible taxpayers based on the Empire State child credit. If you qualify for a payment, you don't need to do anything; we will automatically calculate and send you a check for the amount you're entitled to. For more details, visit [the Additional Empire State Child Credit Payments](#).

Energy Affordability Programs

The NYS Energy Affordability Program provides income-eligible consumers with a discount on their monthly electric and/or gas bills. You may be enrolled automatically if you receive benefits from a government assistance program. For more information, visit [this ConEd webpage](#) and click the "download form" button in the Energy Affordability Program box

([or click this link directly to download the pdf](#)). Or call 800-752-6633; the seniors-only direct line is 800-404-9097, M-F, 8:30 am–5 pm.

Regular HEAP Benefit

The 2024-25 Regular HEAP benefit reopened January 25, 2025. Find out if you may be eligible to apply for programs and services. If you are eligible, you may receive one regular HEAP benefit per program year to help you pay for heating your home. Visit:

otda.ny.gov/programs/heap/

Health Insurance

New Yorkers can enroll in a Qualified Health Plan by the 15th of the month for coverage starting the 1st of the following month and benefit from new cost-sharing reductions for additional savings. Visit nyc.gov/health/healthcoverage or call 347-665-0214 to connect with an enrollment counselor and get more information.

HIICAP

Approximately 500 trained HIICAP counselors located in local offices for the aging across the state are available to answer New Yorkers' questions about Medicare, Medicare Advantage programs (managed care), Medicare prescription drug coverage, Medigap, and other health and long-term care insurance. Counseling is also available through a toll-free HIICAP helpline at 1-800-701-0501. Visit: aging.ny.gov/health-insurance-information-counseling-and-assistance-program-hiicap

Renters Rights

In New York City, tenants have many rights relating to the safety and quality of their housing. Tenants should expect to live in safe, well-maintained buildings that are free from vermin, leaks, and hazardous conditions. [Laws protect tenants from harassment and discrimination](#). For more information on tenants' rights, please see the [Tenant Bill of Rights](#).

Homeowner Handbook

Homeowner Help NY offers a comprehensive guide to help New York homeowners navigate the responsibilities of homeownership and access available resources in their time of need. To view the handbook, visit homeownerhelpny.org/handbook.

Property Tax Exemptions

It's time to renew property tax exemptions, including SCHE, DHE, and the Clergy Exemption, for the 2025-26 tax year. The deadline to renew is March 15, 2025. Visit nyc.gov/contactdof or call 311 for details.

Mental Health Hotline

There's a three-digit phone hotline, 988, for mental health. Call 911 for mental health emergencies.

Mobile ID

Ever forget your wallet and wish you had your ID on you? Now you can with New York Mobile ID! Just download the app, and a highly secure digital version of a state-issued driver's license, learner's permit, or ID will be on your smartphone whenever you need it. [More info here](#).

NYCDOT Street Work Permit Maps

The NYC DOT provides a street work permit map for our district so New Yorkers can have access to any active street work information in real time. You can view the map here: <https://nycdot.info/>

Attention MTA Reduced-Fare customers

Your half-fare benefit is moving to OMNY! Look for your new Reduced-Fare OMNY card in the mail soon, and [check this page for updates](#). Continue to use your Reduced-Fare MetroCard in the meantime.

MTA Mobile Sales

Services offered at mobile sales vehicles

- Get help with a Reduced-Fare application
- Get more information about OMNY and sign up
- Transfer MetroCard balances (full-fare and Reduced-Fare to OMNY account)
- Report a lost/stolen Reduced-Fare MetroCard
- Ask our team about any OMNY-related issues

Note: Mobile sales buses and vans are making credit card transactions for OMNY only. You can still buy a MetroCard using cash. Check this site for the sales bus schedule:

www.mta.info/fares/mobile-sales

Supplemental Nutrition Assistance Program benefits

New changes include providing a simplified one-page application form, allowing older New Yorkers to recertify their benefits for 36 months instead of 24 months, and eliminating the interview requirement for recertification. To learn more about SNAP and apply for benefits, [click here](#).

Unclaimed Funds

Check to see if you or someone you know may have unclaimed funds via this tracker by NYS Comptroller Thomas P. DiNapoli: osc.ny.gov/unclaimed-funds?fbclid=IwAR2JRsjGd4zt7CdT5aw5NQiBqIoud2O141dOUbqPWOjooIlaO8Qi7xxTFw

Community Service Society of New York

Need healthcare assistance or an advocate on your side when dealing with a medical bill, insurance denial, or a confusing notice? Call the Community Health Advocates hotline at 1-888-614-5400 and receive help today!

Congestion Pricing Discounts and Exemptions

Vehicles entering Manhattan streets at or below 60th St. will be tolled. Most E-ZPass users will pay \$9 during peak hours or \$2.25 overnight, once daily. Discounts and exemptions, such as the Low-Income Discount or Disability Exemption plans, are available—learn more at mta.info/discounts. Update your E-ZPass account to ensure accurate toll rates and credits. For details, visit congestionreliefzone.mta.info.

Animal Care Centers of NYC needs your help!

Due to a temporary suspension of dog intake, they're calling on the community to step up and adopt. If you're ready to welcome a furry friend into your home, visit a local ACC Center or [check out their website for more details](#).

Emergency Preparedness

NYC Emergency Management (NYCEM) will keep you informed and prepared during emergencies through the Notify NYC alert system. Sign up at nyc.gov/notify or by calling 311.

Curbside Composting

Curbside Composting service is now available to ALL NYC residents citywide. Compost is picked up every week on your recycling day. Visit: www.nyc.gov/site/dsny/collection/residents/curbside-composting.page

Construction Advisory

A Message From The Chapin School

Dear Neighbors,

We're reaching out to inform you that due to some exterior site work, we had to erect scaffolding in front of the School on East End Avenue. That scaffolding now needs to extend onto East 84th Street to the end of our building.

Our scaffolding contractor will be on site within the next day or so to begin the erection process, which should take 1-3 days, weather permitting. The permitted work hours are 7 a.m. through 6 p.m. each day.

As part of this work, the School will also commence a building inspection in compliance with Local Law 11, as required by the Department of Buildings. We will send you an update about the timeline for this project in the coming days.

Every attempt will be made to mitigate disruption to our neighbors. Please feel free to contact us with any questions.

Thank you.

The Chapin School
Email: Facilities@chapin.edu

COMMUNITY ADVISORY

PROJECT NAME: PRIOR NOTICE SIDEWALK PROJECT

PROJECT#: HWS2023M

BOROUGH: MANHATTAN

ADVISORY ISSUED: July 9, 2025

SIDEWALK REPAIR PROJECT COMMENCES

Location: 419 East 66th St. (Between 1st Ave
and York Ave)

Begins Monday, July 14, 2025

Beginning on/about, Monday, July 14, 2025, construction work begins for the HWS2023M Project. This project will include sidewalk repair work on various locations in the Borough of Manhattan. Advanced notification will be provided for all construction related work and impacts. Please observe and adhere to all signage.

Work Hours:

Monday- Friday

7:00am to 3:30pm

If you have any questions, concerns, or would like to learn more about this DDC Project, please call the Community Construction Liaison:

Cynthia Santiago, Community
Construction Liaison (CCL)
Phone: (908) 307-6009
Email: hws2023mccl@gmail.com
Office Hours: 7:00AM-3:30PM
DDC Website: www.nyc.gov/DDC
DDC Video: <http://on.nyc.gov/2YIiW>

During non-construction hours please contact 311 for non-emergency city services.

PLEASE NOTE: Due to unforeseen conditions (weather, field conditions, etc) it may become necessary to change some scheduled work locations and operations.

The NYC Department of Design and Construction is managing this project on behalf of the NYC Department of Transportation.

Eric Adams
Mayor

Thomas Foley, P.E.
Commissioner

COMMUNITY ADVISORY

PROJECT NAME: PRIOR NOTICE SIDEWALK PROJECT

PROJECT#: HWS2023M

BOROUGH: MANHATTAN

ADVISORY ISSUED: July 9, 2025

Limited Sidewalk Access & No Parking

Mon 07.14.25 to Fri. 07.18.25

419 East 66th Street (Between 1st Avenue
and York Ave)

Work Hours:
7:00am to 3:30pm

Please observe contractor's 'No Parking' signs posted on street in advance.

We are upgrading the infrastructure in your community and these temporary restrictions facilitate the rehabilitation.

If you have any questions, concerns, or would like to learn more about this DDC Project, please call the Community Construction Liaison:

**Cynthia Santiago, Community
Construction Liaison (CCL)**
Phone (908) 307-6009
Email: hws2023mccl@gmail.com
Office Hours 7:00am -3:00pm
DDC website: www.nyc.gov/DDC

During non-construction hours please contact 311 for non-emergency city services.

PLEASE NOTE: Due to unforeseen conditions (weather, field conditions, etc) it may become necessary to change some scheduled work locations and operations.

Eric Adams
Mayor

Thomas Foley, P.E.
Commissioner

Upcoming Events



CB8 ZOOMS



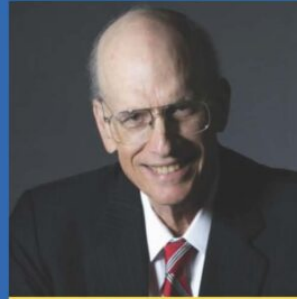
RETROSPECTIVE WITH RITA POPPER

AN INTERVIEW REFLECTING ON HER 16 YEARS OF EXPERIENCES AND SUCCESSES AS A CB8 MEMBER



RITA POPPER

FORMER CB8 MEMBER



CHUCK WARREN

CB8 MEMBER

JOIN CB8 ZOOMS, WITH **RITA POPPER**, FORMER CB8 MEMBER, AND HOST, CB8 MEMBER **CHUCK WARREN**, FOR A RETROSPECTIVE ON RITA'S 16 YEAR TENURE AT CB8.



DATE
JULY 18, 2025

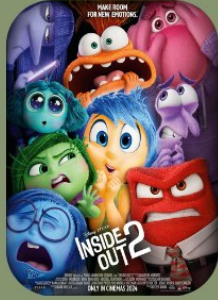


TIME
3:00 PM

[REGISTER NOW AT BIT.LY/CB8ZOOMSRITA](https://bit.ly/cb8zoomsrita)

FOR MORE INFORMATION, VISIT [CB8M.COM](https://cb8m.com) OR SCAN THE QR CODE

Summer Movie Series



JULY 11TH: INSIDE OUT 2 (PG)

JULY 18TH: GUARDIANS OF THE GALAXY VOL. 3 (PG-13)

JULY 25TH: THE WILD ROBOT (PG)

AUG 1ST: WICKED (PG)

A series of four films shown at Southpoint Park on a 40-foot screen, includes food vendors selling on-site, pre-film music and on-screen slide presentations.

Rain Dates: August 8th & 15th

**SOUTHPOINT PARK
EVENT START: 7:00PM
MOVIE START: SUNSET**



**Roosevelt Island
Operating Corporation**



POLICE • COMMUNITY PARTNERSHIPS

August 5, 2025 4-7 PM St Catherine's Park

1ST AVE & 67TH/68TH ST

RAIN LOCATION: THE PARISH OF ST. VINCENT
FERRER AND ST. CATHERINE OF SIENA

ACTIVITIES FOR KIDS & ADULTS!
FREE TO ATTEND. ALL ARE WELCOME!



SPECIAL THANKS TO



[Community Update: July 3, 2025](#)


[Community Update: June 27, 2025](#)

[Community Update: June 20, 2025](#)

[Community Update: June 13, 2025](#)

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