



*Assemblyman
Sam Pirozzolo
Wants to Share
Mental Health
Resources...*



SAM
PIROZZOLO

STATE ASSEMBLY

New York State Assembly
Albany, NY 12248

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If you or someone you know is struggling with thoughts of self-harm or suicide, you are not alone. Support is available 24/7.

Immediate Danger? Call 911 and request a mental health crisis team.

CONFIDENTIAL SUPPORT:

- **988 Suicide & Crisis Lifeline:** Call or text 988 (24/7)
- **Crisis Text Line:** Text HELLO to 741741
- **NYC Well:** Call 1-888-692-9355 or text 65173

LOCAL STATEN ISLAND MENTAL HEALTH RESOURCES

1. RUMC-The Comprehensive Psychiatric Emergency Program (CPEP) at Richmond University Medical Center (RUMC)

These services are available 24/7 to provide immediate psychiatric care and crisis intervention.

355 Bard Avenue, Staten Island, NY 10310

Main CPEP Line: 718-818-6300

Mobile Crisis Outreach Service: 718-818-6900

2. Staten Island University Hospital – Department of Psychiatry

This hospital provides comprehensive psychiatric services, including emergency, inpatient, and outpatient care for individuals of all ages.

718-226-8910

3. South Beach Psychiatric Center

A state-run facility offering personalized treatment and rehabilitation services for adolescents and adults, including inpatient and outpatient care.

777 Seaview Avenue, Staten Island, NY 10305

718-667-2300

4. Staten Island Mental Health Society

Now a division of Richmond University Medical Center, this society offers comprehensive behavioral health services for children, adolescents, and adults. Services include outpatient care, developmental disability support, and early childhood services.

355 Bard Avenue, Staten Island, NY 10310

718-818-4440

5. National Alliance on Mental Illness (NAMI) – Staten Island

Provides support groups, educational programs, and resources for individuals and families affected by mental illness.

930 Willowbrook Rd., Building 41-A
Staten Island, NY 10312

718-447-1700

6. YMCA Counseling Service

Offers counseling services for individuals dealing with substance abuse and mental health issues.

Two locations:

285 Vanderbilt Ave., Staten Island, NY 10304

718-981-4382

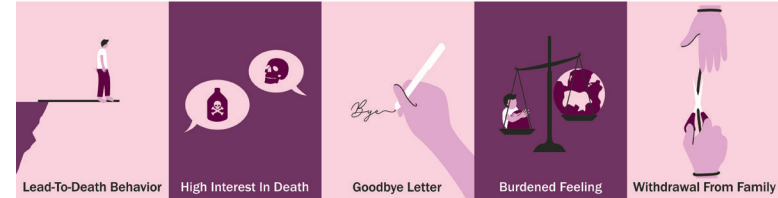
3911 Richmond Ave., Staten Island, NY 10312

718-948-3232



SUICIDE ATTEMPT WARNING SIGNS

Source: National Institute of Mental Health



WHAT TO DO IF SOMEONE REACHES OUT TO YOU:

- **Stay Calm & Listen** – Offer support without judgment.
- **Ask Directly** – “Are you thinking about hurting yourself?”
- **Encourage Professional Help** – Connect them with the resources listed.
- **Do Not Leave Them Alone** – Ensure they are with someone trustworthy.
- **Know Who to Call** – Utilize the local and national resources provided.

Assemblyman Sam Pirozzolo is dedicated to supporting the mental health of our Staten Island community.

Let's work together to protect and uplift each other.



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★ ★ ★
STATE ASSEMBLY

Contact Assemblyman Sam Pirozzolo

For more information on this or any state issue, please contact Assemblyman Sam Pirozzolo at: (718)370-1384 or PirozzoloS@nyassembly.gov