



**Weekly Report from Assemblyman Charles D. Fall  
March 10, 2022**

**Come Join us !**



**Litter Removal | Garden Beautification**

**WHEN:**  
CLEANUP - March 12, 2022  
8:00AM-10:00AM

**WHERE:**  
Richmond Terrace & Jersey Street  
Staten Island, NY 10301

**Masks, Gloves and Hand Sanitizer Provided**

**RSVP: [Parnelj@nyassembly.gov](mailto:Parnelj@nyassembly.gov) or 718-442-9932**



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**Updates from Albany**

**Assemblyman Charles D. Fall meets with representatives from 1199 SEIU during their lobby day in Albany this week.**

1199 SEIU focused their discussion on;

- Fair Pay for Home Care
  - 1199 attendees emphasized their message “home care workers have not been recognized for many years. We need for them to know us and to recognize us. We are not invisible. We need respect and recognition. Home care workers deserve fair wages”
- Save Our Safety Nets.
  - Safety net hospitals serve populations suffering from healthcare disparities caused by structural racism and inequity.

“I stand with members of 1199 SIEU. We all realize that homecare workers are moving out of the field for better paying jobs. The workforce shortage, equity in pay and adequate compensation for education of new workers needs to be made a priority in this year budget negotiations. In fact, we need to include a permanent wage increase for home care workers. With there not being any public hospitals on Staten Island we have to take every opportunity to assist our alternative healthcare facilities.”



**Assemblyman Charles D. Fall secures \$1 million for Staten Island’s Eden II Programs.**

Assemblyman Charles D. Fall is a long-time supporter of the autism community in Staten Island. Upon learning about the growing needs of adults and seniors with autism, Fall met with the executive team from Eden II to see how he could help address the alarming situation.

The proposed plan will allow for Eden II Programs to create a new site for the necessary adult program expansion. The increased square footage while also create new vocational training

opportunities, establish a senior program for older adults that accommodates their changing needs, and inspire community partnerships with other non-profit organizations.

“I am proud to partner with Assembly Speaker Carl Heastie to bring the necessary funds to our friends at Eden II Programs to expand their services. The aging autism population have specific needs that are not being adequately addressed. I know that by securing the additional funds and working with Eden II Programs, our community will be able to provide invaluable resources to those with the most needs within the Staten Island autism community.”



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## **Critical Updates, New Policies, and Testing Locations to Protect You and Your Community**

1. **Governor Kathy Hochul has announced the Environmental Facilities Corporation Board of Directors approved \$41 million in funding that includes low-cost loans and previously awarded grants, enabling the recipients to access these loan and grant funds and move their water and sewer infrastructure projects forward.** The Board also approved an \$879 million leveraged bond financing to provide capital for various wastewater and drinking water projects for the New York City Municipal Water Finance Authority (NYCMWFA) and to refund certain prior bonds. Refunding bond sales deliver additional savings for EFC's municipal partners by refinancing the original bonds that funded their projects at an even lower interest rate. The transaction is estimated to save \$18 million for New York City ratepayers over the next 10 years.
2. **Governor Kathy Hochul today announced that \$17.3 million in state funding was awarded to six projects in four counties that will provide emergency and permanent supportive housing to New Yorkers experiencing homelessness.** Supported through

the State's Homeless Housing and Assistance Program, these projects include emergency shelter repairs and developments that will create or preserve an additional 120 units serving veterans, survivors of domestic violence, individuals with a history of substance use disorder, and those suffering from serious mental illness.

3. **[Governor Hochul announced that the statewide indoor business mask-or-vaccine requirement have been lifted as of Thursday, February, 10, and will remain optional for businesses, local governments and counties to enforce.](#)** This protocol, a temporary measure implemented on December 10 as statewide cases spiked, was an effective tool to address the winter surge and the rise of the Omicron variant. With case counts plummeting and hospitalizations sharply declining, this temporary measure is no longer needed statewide. Counties, cities, and businesses will be able to opt into the mask-or-vaccine requirement if they so choose. **View Governor Hochul's Presentation [Here](#)**
4. **[Governor Kathy Hochul today announced more than \\$64 million in federal funding to help struggling New Yorkers with children, multi-generational households, and survivors of domestic violence with their expenses amid the ongoing COVID-19 pandemic.](#)** Administered through the state Office of Temporary and Disability Assistance and the state Office for the Prevention of Domestic Violence, the Pandemic Emergency Assistance Fund will provide one-time payments to help with the cost of diapers for struggling families, cover food expenses for households with both children and older adults, and provide crucial housing and relocation assistance for survivors of domestic violence.

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### **Crucial Resources to Support and Aid Your Everyday Needs**

1. **The NYS Homeowner Assistance Fund is available now. You may be eligible for up to \$50,000 in financial assistance.**

**New York State Homeowner Assistance Fund**

First come, first serve  
Apply Now!



You may be eligible for up to \$50,000 in financial assistance.  
Visit: [nyhomeownerfund.org](http://nyhomeownerfund.org)  
Call: 1-844-776-9423

Apply Now if you are:

- Behind or in forbearance on your mortgage.
- In default on a reverse mortgage.
- Behind on property taxes, water, or sewage bills
- Behind or in forbearance on your mortgage.
- Behind on monthly maintenance charges of your co-op or condo.
- Behind on your chattel loans, retail installment contracts, or other types of home purchase loans and/or lot rent.



NEW YORK STATE ASSEMBLY  
**CHARLES FALL**  
61ST ASSEMBLY DISTRICT



2. Important: The NYS Department of Labor will mail 1099-G tax forms to all Excluded Workers Fund (EWF) recipients to the address listed on their EWF application. The information from this form must be included in tax filings for the 2021 calendar year. As you may know, payments from the EWF are considered taxable income. Although payments were mailed with state taxes already taken out, they may still be subject to federal income tax. [For more information click here.](#)



3. **Our children have faced many challenges throughout the pandemic. Now they're back at school and being asked to return to normalcy, but this school year is anything but normal. That's why the UFT's Positive Learning Collaborative (PLC) is offering free, confidential mental health sessions to students and to parents calling on their children's behalf. Hours of Operation: Monday-Friday: 8:30 A.M. to 12 P.M. Saturday: 9:00 A.M. to 2:00 P.M. Call 212-709-3222 or Text "PLC" to 43961**

4. **What is HEAP?** The Home Energy Assistance Program (HEAP) helps low-income people pay the cost of heating their homes. **How does it work?** If you are eligible, you may receive one regular HEAP benefit per season and could also be eligible for an emergency HEAP benefit if you are in impending danger of running out of fuel or having your utility service shut off. **Are HEAP benefits available year-round?** No, the application period normally begins in early to mid-November and continues into the winter, until funding for the program runs out.

5. Free SNAP Assistance - See the flyer below



## Free SNAP (Food Stamps) Assistance

### ASISTENCIA GRATUITA DE SNAP (Cupones de alimentos)

**MetroPlus Health**  
**Staten Island Community Office**  
238A Port Richmond Ave.  
Staten Island, NY 10302

SNAP enroller is on site **2 DAYS a week**.  
Check below for our hours!

*Los especialistas de SNAP estan disponible los  
**2 dias a la semana**. ¡Revisa a continuación  
nuestros horarios y ubicaciones!*

Day & Time <i>Día y Hora</i>	Location <i>Ubicacion</i>	SNAP Enroller <i>Especialista de SNAP</i>	How to Schedule <i>Como Programar</i>
<b>Tues, Wed</b> <i>Martes, Miercoles</i> 9:00am – 4:30pm	In Office <i>En la Oficina</i>	<b>Florence Lanipekun</b>	Walk-in or call <i>Orden de llegada o</i> Llamar al <b>929-270-2181</b>
<b>Mon, Thurs, Fri</b> <i>Lunes,</i> <i>Jueves, Viernes</i> 9:00am – 4:30pm	Virtual Services (Remote) <i>Servicios Virtuales</i> (Remoto)	<b>Florence Lanipekun</b>	Call <i>Llamar al</i> <b>929-270-2181</b>

Sponsored by New York State Office of Temporary and Disability Assistance.  
SNAP...Putting Healthy Food Within Reach. Visit [www.mybenefits.ny.gov](http://www.mybenefits.ny.gov) to check your eligibility. This material was funded by  
USDA's Supplemental Nutrition Assistance Program - SNAP.  
This institution is an equal opportunity provider and employer.



You can also scan to contact  
us from our website.

6. It's important to submit an SBA Loan Application - After you apply for disaster assistance from FEMA, you may be referred to the U.S. Small Business Administration. If you are referred to SBA, you should complete and submit the application. If your application is approved, you are not obligated to accept the SBA disaster loan but failure to submit the application may disqualify you from other possible FEMA assistance, such as disaster-related car repairs, essential household items and other expenses. SBA disaster loans are the largest source of federal disaster recovery funds for survivors. In planning your recovery, give yourself the widest possible set of options. Submitting the application makes it possible for homeowners and renters to be considered for additional FEMA grants. Applicants may apply online using SBA's secure website at [DisasterLoanAssistance.sba.gov](http://DisasterLoanAssistance.sba.gov) or they may email [DisasterCustomerService@SBA.gov](mailto:DisasterCustomerService@SBA.gov) for more information on SBA's disaster assistance program. Applicants may also call SBA's Customer Service Center at **800-659-2955** or email

[disastercustomerservice@sba.gov](mailto:disastercustomerservice@sba.gov) for more information on SBA disaster assistance.

7. **If you're a renter having trouble paying your rent, utilities, or other housing costs – or if you're a landlord trying to stay afloat with tenants in this situation – help may be available. State and local programs are distributing billions of dollars in rental assistance to help renters stay housed during the pandemic. [Visit the CFPB's Rental Assistance Finder](#) to find out what this means for you and what you can do. The CFPB's site also includes resources to help renters and landlords understand other resources to help navigate various financial hardships related to the pandemic.**
  
8. **Staten Island Legal Services wants to help you. If you need free legal help during the COVID-19 crisis, for matters of immigration, foreclosure, small business advice, and more, call them at 718-233-6480.**



## DO YOU NEED FREE LEGAL HELP DURING THE COVID-19 CRISIS?

Staten Island Legal Services is here to help you and your family get through this together.

- Unemployment Benefits & Employment Issues
- Food Stamps (SNAP), Public Assistance, Medicaid
- Eviction/Illegal Lockouts
- Mortgage Relief & Foreclosure Prevention
- Small Business Advice
- Immigration
- Bankruptcy and Consumer Help
- Student Loan and Debt Collection
- Domestic Violence, Orders of Protection, & Child Support
- Education
- LGBTQ/HIV+

**CALL STATEN ISLAND LEGAL SERVICES**

Monday - Friday, 10 a.m. - 4 p.m.  
We speak your language and serve all 5 boroughs of NYC.

**718-233-6480**

 [legalservicesnyc.org](http://legalservicesnyc.org)

## FORECLOSURE PREVENTION NETWORK



Legal Services NYC **DEMAND JUSTICE**

Since 2007, Legal Services NYC's Foreclosure Prevention Network has assisted nearly 17,000 New York City homeowners facing foreclosure. With community-based foreclosure prevention projects in our Bronx, Brooklyn, Queens and Staten Island offices, our dedicated team of nearly 40 attorneys and advocates provide critical legal services to homeowners navigating the judicial foreclosure process and fight to help them save their homes. LSNYC Foreclosure Prevention Network partners include non-profit organizations, housing counselors, social service agencies and local government. Our advocates conduct trainings, outreach and education activities in conjunction with community and government partners.

**WHAT WE DO**

Legal Services NYC's Foreclosure Prevention Network attorneys represent homeowners in foreclosure as well as in state and federal court litigation challenging predatory lending, abusive mortgage servicing, scams targeting vulnerable homeowners, and fair housing and lending violations. We are the largest group of free civil legal services attorneys that help NYC homeowners by:

- Representing homeowners in court-mandated settlement conferences
- Providing legal advice and pro se assistance to homeowners through court-based clinics
- Helping clients negotiate home-saving solutions
- Advocating for fairer lending rules, and for better enforcement of laws protecting consumers from predatory practices

**CLIENT SUCCESS STORY**

**Ms. M, a 68-year-old Black homeowner, fell one month behind on her mortgage when she had to pay for her sister's funeral expenses.** For one year, her mortgage company continued to accept her payments, but then her servicing was transferred to a new company. The new mortgage company refused to accept Ms. M's payments unless she could catch up on the one missed payment. For three years, Ms. M tried to negotiate with her lender, but it refused to work with her even though she had sufficient income and was caring for her husband, who suffered from Alzheimer's disease. After being sued in foreclosure, Ms. M was able to connect with Brooklyn Legal Services, who helped her negotiate a modification with a lower interest rate and more affordable monthly payment, saving her \$300 per month on her housing expenses and allowing her family to remain in their home.

**CONTACT US**

Homeowners can talk to an LSNYC foreclosure advocate by contacting our citywide access line at 917-661-4500. For more information about our services, you can reach our leadership team, listed below.

**Citywide: Jacob Inwald**  
Citywide Director of Foreclosure Prevention  
[jinwald@lsnyc.org](mailto:jinwald@lsnyc.org)

**Bronx: Alexis Lorenzo**  
Director, Bronx Foreclosure Prevention/Community Economic Development Unit  
[alorenzo@lsnyc.org](mailto:alorenzo@lsnyc.org)

**Brooklyn: Shabnam Faruki**  
Interim Director, Brooklyn Foreclosure Prevention Project  
[shfaruki@lsnyc.org](mailto:shfaruki@lsnyc.org)

**Queens: Christopher Newton**  
Acting Director, Queens Homeowner and Consumer Rights Project  
[chrnewt@lsnyc.org](mailto:chrnewt@lsnyc.org)

**Staten Island: Sara Manough**  
Director, Staten Island Homeowner Defense Project  
[smanough@lsnyc.org](mailto:smanough@lsnyc.org)

**CONTACT US FOR FREE LEGAL HELP AT 917-661-4500**

9. Project Hospitality provides a wide range of services to our communities. From vaccinations to mental health guidance to help applying for rental assistance. See flyers below for more information.

## Need to talk?



**NY Project Hope**  
Coping with COVID

## Feeling uncertain, overwhelmed, anxious during COVID?



Here to talk | Here to listen | Here to support

We provide . . .

- Information
- Education
- Emotional support
- Links to resources

We can provide virtual presentations on:

- Recognizing common reactions to COVID
- Building coping skills for the recovery process
- Managing COVID-related stress
- Identifying and meeting children's needs

**Contact Us!**  
**(718)608-7900**  
**HOPE@ProjectHospitality.org**

**We are here for YOU.**

**Free, anonymous & confidential**

A program of the NYS Office of Mental Health  
Funded by FEMA

## Necesitas hablar?



**NY Project Hope**  
Coping with COVID

## Te sientes incierto, agobiado, ansioso durante COVID?

Aquí para hablar | Aquí para escuchar | Aquí para apoyar

Nosotros Proporcionamos...

- Información
- Educación
- Apoyo emocional
- Enlaces a recursos

Proporcionamos presentaciones virtuales sobre:

- Reconociendo las reacciones comunes de COVID
- Desarrollando habilidades de afrontamiento para el proceso de recuperación
- Manejando estrés relacionada con COVID
- Identificando y satisfaciendo las necesidades de los niños

**¡Contáctanos Hoy!**  
**718-608-7900**  
**HOPE@ProjectHospitality.org**

Estamos aquí para USTED.

**Gratis, anónimo y confidencial**

A program of the NYS Office of Mental Health  
Funded by FEMA

# New York State Emergency Rental Assistance Program

The Emergency Rental Assistance Program assists households behind on their rent that have experienced financial hardship due to COVID-19 and are at risk of homelessness or housing instability. In addition, the program can provide temporary rental assistance and assistance with unpaid utility bills.

**DO I QUALIFY?**  
Eligible residents must meet the following criteria:

- Household gross income at or below 80 percent of area median income, which varies by county and household size.
- A member of the household received unemployment benefits or experienced a reduction in income, incurred significant costs or experienced financial hardship, directly or indirectly, due to the COVID-19 pandemic.
- The applicant owes past due rent at their current residence.

**HOW DOES IT WORK?**  
This assistance can pay up to 12 months of past due rent and for some households, pay up to 3 months for future rent. The program can also pay for up to 12 months of overdue electric or gas bills. Please note, payments will always be issued directly to the landlord or utility provider.

**HOW CAN I APPLY?**  
Applications can be submitted online beginning June 1.

For more information, visit [otda.ny.gov/ERAP](http://otda.ny.gov/ERAP) or call 844-NY1RENT (844-691-7368)

 Office of Temporary and Disability Assistance

(Rev. 05/21)

# New York State Emergency Rental Assistance Program

El Programa de Asistencia para Alquileres de Emergencia ayuda a las familias atrasadas en el pago del alquiler que han sufrido dificultades financieras debido a la COVID-19 y están en riesgo de quedarse en la calle o de padecer inestabilidad por la falta de vivienda. Además, el programa puede proporcionar asistencia de alquiler temporal y asistencia para el pago de facturas de servicios públicos vencidas.

**¿CALIFICO?**  
Los residentes aptos para solicitar la asistencia deben cumplir con los siguientes criterios:

- Los ingresos brutos de la familia son iguales o inferiores al 80% del ingreso promedio del área, que varía según el tamaño del condado y de la familia.
- Un miembro de la familia recibió subsidios de desempleo o experimentó una reducción en los ingresos, incurrió en costos significativos o sufrió dificultades financieras, directa o indirectamente, debido a la pandemia de COVID-19.
- El solicitante adeuda alquileres en su residencia actual.

**¿CÓMO FUNCIONA?**  
Esta asistencia puede pagar hasta 12 meses de renta vencida y, para algunas familias, pagar hasta 3 meses de alquileres futuros. El programa también puede pagar hasta 12 meses de facturas de electricidad o gas vencidas. Tenga en cuenta que los pagos siempre se emitirán directamente al propietario o al proveedor de servicios públicos.

**¿CÓMO PUEDO SOLICITARLA?**  
Las solicitudes se pueden enviar en línea a partir del 1 de junio.

Para más información, visite [otda.ny.gov/ERAP](http://otda.ny.gov/ERAP) o llame al 844-NY1RENT (844-691-7368)

 Office of Temporary and Disability Assistance

(Rev. 05/21)

 **Project Hospitality**  
**Help Center Services**  
**Are All Available By Phone!**

CALL NOW AND LEAVE A MESSAGE WITH YOUR NAME AND PHONE NUMBER AND WE WILL RETURN YOUR CALL.  
REACH US AT **718-420-6466** OR **718-448-3470**  
FOR HELP WITH SNAP, CALL **347-410-3657**

 <b>Apply for SNAP</b>	 <b>Apply for WIC and Cash Assistance</b>	 <b>Apply for Health Insurance or NYC Care</b>
 <b>Legal Services</b>	 <b>Domestic Violence Services</b>	 <b>Mental Health Services</b>
 <b>Apply for Unemployment</b>	 <b>Food Pantry</b>	 <b>Immigration Help</b>

221 HEBERTON AVENUE, STATEN ISLAND, NY 10302  
514 BAY ST. STATEN ISLAND, NY 10304

 **Project Hospitality**  
**Los servicios del Centro de Ayuda están disponibles por vía Telefónica!**

LLAME AHORA Y DEJE UN MENSAJE CON SU NOMBRE Y NÚMERO DE TELÉFONO Y LE DEVOLVEREMOS (A LLAMADA - COMUNIQUESE CON NOSOTROS A LOS NÚMEROS DE TELÉFONO **718-420-6466** O AL **718-448-3470** - PARA OBTENER AYUDA CON SNAP (PROGRAMA DE ASISTENCIA NUTRICIONAL) LLAME AL **347-410-3657**

 <b>Solicitar para SNAP (programa de asistencia nutricional)</b>	 <b>Solicitar WIC y Asistencia en efectivo</b>	 <b>Solicitar un Seguro Medico o NYC Care</b>
 <b>Servicios Legales</b>	 <b>Servicios de Violencia Domestica</b>	 <b>Servicios de Salud Mental</b>
 <b>Solicitud de desempleo</b>	 <b>Despensa de alimentos</b>	 <b>Ayuda en casos de Inmigracion</b>

221 HEBERTON AVENUE, STATEN ISLAND NY 10302  
514 BAY STREET STATEN ISLAND NY 10304

10. The BJ House Community - Mobile Pantry will come right to your door. Every first Wednesday of each month, every Tuesday, and every 3rd Saturday of each month.



HOUSE OF COMMUNITY

BJ HOUSE OF COMMUNITY

# MOBILE *Pantry* FOOD

WE COME RIGHT TO YOUR DOOR!



**Box contains Fresh Veggies and Fruits**

*Every 1st Wednesday of each Month*  
*Every Tuesday*  
*Every 3rd Saturday of each Month*

**TO REGISTER CALL: 718-442-0923**  
or email [baituljamaat@gmail.com](mailto:baituljamaat@gmail.com)  
**REGISTER ON OUR WEBSITE AT**  
**[www.baituljamaat.com](http://www.baituljamaat.com)**

11. This robust 6-week community training program informs New Yorkers about NYPD policies, activities, and authorities.

# CITIZENS POLICE ACADEMY

**Apply Today!**

**This robust 6-week community training program informs New Yorkers about NYPD policies, activities, and authorities.**

The curriculum includes:

- Speakers from across the Department
- In-person simulations and scenario-based trainings
- Presentations on subjects like domestic violence, use of force, crisis intervention, etc.

**For more info:**  
Email: [CitizensPoliceAcademy@nypd.org](mailto:CitizensPoliceAcademy@nypd.org)  
Visit: [nyc.gov/CitizensPoliceAcademy](https://nyc.gov/CitizensPoliceAcademy)  
Scan:



*"This was an awesome experience. To get a glimpse of what officers encounter on a day-to-day basis was truly an eye opener."  
2021 CPA Graduate*



12. The Y is now offering new rounds of FREE lifeguard training and certification this spring, including at the Broadway Y. Pre-tests are required for this opportunity and are currently underway, with lots of times and dates at Ys across the city. Experienced swimmers should see [here](#) for details and scheduling.

**GET CERTIFIED & GET A JOB**

**FREE YMCA LIFEGUARD CERTIFICATION**  
AGES: 16 & UP

**STEP 1: REGISTER FOR THE PRE-TEST (FREE)**

**STEP 2: PASS THE PRE-TEST**

The PRE-TEST includes successfully completing all of the following:

- Tread water for 2 minutes.
- Swim 100 yards of front crawl.
- Swim 50 yards each of breast stroke, sidestroke, and elementary backstroke.
- Complete feet-first surface dive and 15 feet underwater swim.
- Perform 60 yard sprint, then surface dive to retrieve object at the bottom of pool and hold at surface treading for 1 minute.
- Perform compressions on an adult manikin and follow directions of the instructor.

**STEP 3: UPCOMING LIFEGUARD COURSES**

**WHEN:** Virtual: Mondays, 6-9PM, 2/28 - 4/25 (except 4/18)  
In Person: Fridays, 5-8PM, 3/4 - 4/29 (except 4/22)

**WHERE:** Broadway Y, 651 Broadway, Staten Island

**FEE:** FREE OF CHARGE

TO REGISTER OR LEARN MORE, SCAN THIS QR CODE  
OR CONTACT AQUATICS@YMCANYC.ORG

the **Y**  
YMCA OF GREATER  
NEW YORK  
Where there's a Y,  
there's a way.

### 13. Small Business Resources:

- [For counseling and help services through SBS click here.](#)
- [Procurement Center Representatives \(PCRs\)](#) help small businesses win federal contracts. PCRs view many federal acquisition and procurement strategies before they're announced. This enables them to influence opportunities that should be set aside for small businesses. PCRs also conduct market research, assist small businesses with payment issues, provide counseling on the contracting process, and more.
- [Subcontracting Program Assistance \(SPA\)](#) can help you with subcontracting questions after a contract is awarded. SPA can help you with tools to match prime contractors and subcontractors, help small businesses market their services to prime contractors, and more.
- **SBA Learning Center.** The SBA offers free online courses to help small businesses understand government contracting. You can find these video classes in the [SBA Learning Center](#).

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## Useful Events and Opportunities

1. **Help support your neighborhood schools - [For more information click here](#)**

Interested  
in Subbing  
for the NYC  
DOE?



**Help support your neighborhood schools!!!**

- \$200 a day! (\$199.27 to be exact)
- This could be your chance to see if teaching is the career for you
- Requirements:
  - Interest and commitment to helping kids and a school
  - Bachelors Degree and authorization to work in the US

For more information: <https://www.schools.nyc.gov/careers/substitute-teaching>

\*Please pass this information on to anyone you know who meets the requirements and might be interested.

Lamson Lam can help answer questions and get you nominated. Please reach out him at [llam@schools.nyc.gov](mailto:llam@schools.nyc.gov)

2. **Put your swimming skill to the ultimate test. Become an NYC Lifeguard – help keep New York’s beaches and pools safe and develop skills that will last a lifetime.**



## Earn your whistle!

### Become an NYC lifeguard.

Help keep New York City's beaches and pools safe and develop skills that will last a lifetime. As a lifeguard, you'll have the chance to:

- Develop job skills
- Become part of a team
- Earn NYC Lifeguard certification and learn CPR, first-aid, and rescue techniques
- Practice your swimming

Lifeguards work five to six days each week, and first-year lifeguards earn a minimum of \$16 an hour, for a weekly salary of about \$800.

#### HOW TO JOIN

All potential lifeguards must pass the Lifeguard Qualifying Test, a series of vision and swim exams. To qualify, you must:

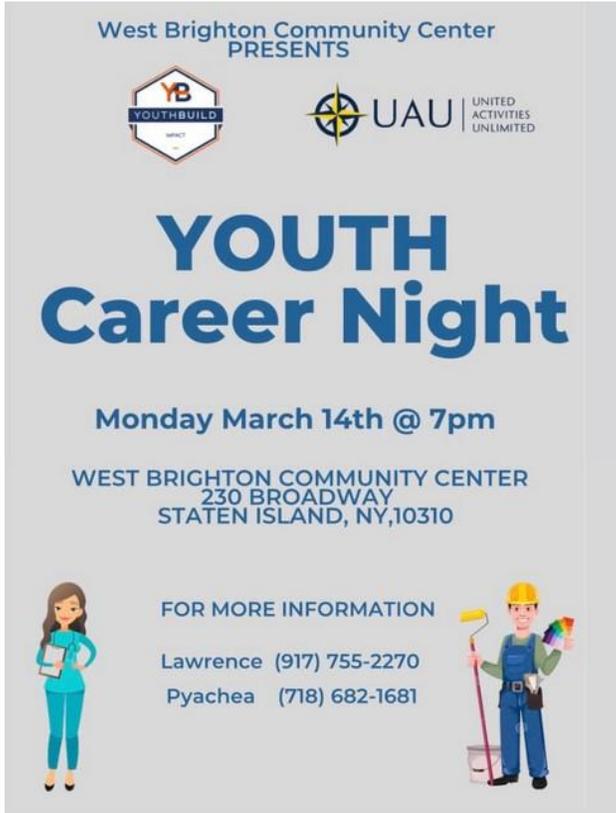
- Be at least 16 years of age by the start of employment.
- Have at least 20/30 vision in one eye and 20/40 in the other - without corrective lenses. Glasses and contact lenses may not be worn during the eye exam.
- Be able to swim 50 yards in 35 seconds or less, with proper form.

Individuals must be vaccinated to take the qualifying test.

Sign up today at [nyc.gov/parks/lifeguards](http://nyc.gov/parks/lifeguards).



3. **West Brighton Community Center Presents Youth Career Night - Monday, March 14th at 7:00PM**



4. **BJ House of Community and Partners - Community Baby Shower. See the flyer below for more information.**



5. **The Forest Ave. Community Fridge is a group from Mariners Harbor looking to help out our community with Food Insecurity.**

**@FORESTAVECOMEUNITYFRIDGE**

**WHO ARE WE?**

*We are a collaborative group, born and raised on the North Shore, who are passionate about addressing the health food disparity in our neighborhood of Mariners Harbor. The foundation of our initiative is “take what you need, leave what you don’t” and “we keep us fed and healthy!” – in hopes of **creating a culture of unity, interdependence, community restoration and empowerment** in Mariners Harbor.*

**WHAT IS A COMMUNITY FRIDGE?**

*A Community Fridge is a fridge that provides **free and healthy food** for community members. The fridges offer access to fresh produce, healthy grains and perishable items to communities that do not have a lot of access to healthy food options.*



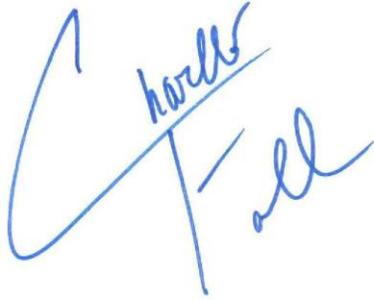
**HOW CAN MY BUSINESS HELP?**

*Your business can help by donating surplus food to our fridge or allowing us to purchase food at reduced costs.*

**WHY SHOULD MY BUSINESS/ORGANIZATION CARE ABOUT A COMMUNITY FRIDGE?**

*In recent political and racial events, many businesses and organizations are looking for ways to fight against racial inequity. Community fridges represent mutual aid – the idea that solidarity not charity is what communities need in order to become fairer and stronger. By donating food to our fridge, your business will be taking part in our ongoing movement for creating justice – first within our communities.*

Sincerely,



Charles D. Fall  
Member of Assembly

**ALBANY OFFICE: Room 534, Legislative Office Building, Albany, NY 12248. 518-455-4677, FAX 518-455-5946**

**DISTRICT OFFICE: 853 Forest Avenue, Staten Island, New York 10310. 718-442-9932, FAX 718-442-9942**