

"The COVID-19 pandemic has uprooted our daily lives. My staff and I are working remotely, but we are still here for you. If you need any assistance or information, contact us by phone or email. Please stay safe and healthy."

> - Assemblyman **Edward C. Braunstein**

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/isit www.elections.ny.gov for more information.



Stay home, save lives.

COVID-19 Information and Resources

Stay informed and learn about resources available during the COVID-19 crisis:

New York State Department of Health: 888-364-3065 | www.ny.gov/coronavirus

Visit now.ny.gov/page/s/coronavirus-updates to sign up for email updates from the state Department of Health.

Centers for Disease Control and Prevention (CDC): www.cdc.gov/coronavirus/2019-ncov/whats-new-all.html

New York City Resources:

access.nyc.gov www1.nyc.gov/site/coronavirus/index.page

Mental Health Hotline: For free and confidential emotional support, consultation and referral to a local provider, call: 1-844-863-9314

New York State Domestic Violence Hotline: 1-800-942-6906 | NYC: 1-800-621-HOPE

Child Care Resources for Parents and Providers: www.ocfs.ny.gov/programs/childcare

Local Resources

NYC Food Delivery Assistance:

If you cannot go out to get food, NYC will deliver emergency meals to you. Check your eligibility and sign up at nyc.gov/getfood or call 311.

Commonpoint Queens is providing emergency assistance, including home delivered meals to seniors. For more information, please visit www.commonpointqueens.org/commonpoint-queensemergency-assistance/ or call 929-255-6060.

State and Federal **COVID-19 Resources**

Unemployment Insurance

If you've lost employment because of the COVID-19 crisis and need help paying your bills, call 1-888-209-8124 or visit labor.ny.gov/ unemploymentassistance.shtm. The federal CARES Act provides enhanced UI benefits and Pandemic Unemployment Assistance (PUA) for New Yorkers. Visit labor.ny.gov/ui/cares-act.shtm to learn more.

Federal CARES Act

- Authorizes recovery checks for U.S. taxpayers, which are being sent out now. If you have not received your check, visit www.irs.gov/ coronavirus/economic-impact-payments.
- New York small businesses are eligible for emergency loans to help retain employees. Go here for more info: www.sba.gov/page/ coronavirus-covid-19-small-business-guidance-loan-resources.
- All private insurance plans are required to cover COVID-19 treatments and vaccines and all coronavirus tests are free.
- Funding is provided for hospitals, community centers and

Sick and Paid **Leave Benefits** Are Available

New state law provides sick leave and benefits to isolated or quarantined workers. To learn how much you qualify for, visit paidfamilyleave. ny.gov/COVID19.

Free Meals for all New Yorkers

All New Yorkers are being offered three free Grab-and-Go meals Monday through Friday at 400 locations across the city. Meals are available for children and families from 7:30 a.m. to 11:30 a.m. and for adults from 11:30 a.m. to 1:30 p.m. No one will be turned away and registration or ID are not required. Visit www.schools.nyc.gov or text "NYCFOOD" or "COMIDA" to 877-877 to find a location near you.

Vital COVID-19 Updates



Tax Day

The deadline for filing both your state and federal taxes has been moved from April 15 to July 15.

Be Counted in the Census!

New York needs a complete census count so we get our fair share of federal funding



Blood Donation

online or learn more.

The New York Blood Center is calling on eligible donors to do their part and help prevent blood shortages. To schedule an appointment, call 1-800-688-0900.

June Regents Canceled

BE COUNTED.

To protect the health and safety of students and teachers, all June Regents exams are canceled. Graduation requirements have also been adjusted to ensure students aren't adversely impacted by this necessary change.



New York's essential workers are working hard every day to provide critical services and keep our state moving forward. We'll always have their backs.

Information accurate as of 4/27/20.