



LEGISLATIVE SESSION

The state Legislature is typically in session from January to June. The state Assembly is open to the public when in session. To make reservations for a large group, please don't hesitate to contact my office. To view a livestream of Assembly proceedings, visit nyassembly.gov/av.

STANDING COMMITTEES

When a bill is introduced, it is assigned to one of over 30 standing committees. Committees meet regularly throughout the year to analyze the merits of legislation, hold hearings for public input and vote on whether a particular bill should be advanced for a vote on the Assembly floor.


COMMITTEE MEETINGS

Committee meetings are generally open to the public, and you are welcome to attend those that interest you (nyassembly.gov/comm/). Committee meetings are also streamed on the Assembly website and can be viewed at nyassembly.gov/av/live, and agendas are available at nyassembly.gov/leg/?sh=agen.


PUBLIC HEARINGS

Standing committees hold public hearings on legislative proposals. You may speak at a hearing by writing to the chairperson and requesting permission. You may also advise the chairperson in advance that you would like to be notified when hearings are to be held on a subject in which you are interested.





Assemblymember Kwani B. O'Pharrow



“As your District representative in Albany, I’ll always be a strong voice for our families and fight to help our communities thrive.”

Look inside for information about state government from ASSEMBLYMEMBER O'PHARROW

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Lindenhurst, NY 11757-5538

Dear Neighbor,

I wanted to thank you for registering to vote and taking this important step in the democratic process. My name is Kwani B. O’Pharrow, and as your representative in the New York State Assembly, I’d like to share information about myself and inform you about some of the resources and services my office can provide you.

While I’m currently serving my first term representing the 11th Assembly District, I have a long history of civic engagement and leadership. I’m a Navy veteran and retired from the New York City Police Department as a detective. I co-founded Cops N’ Kids Long Island, Inc., an organization focused on mentoring youth and fostering positive relationships between young people and law enforcement. I also established Operation Giveback, an annual program providing essential supplies and toys to families and youth during the holiday season.



I will always put Long Island families first and advocate for the needs of all community members as we work toward a better Long Island. My legislative priorities of public safety, education and the environment are rooted in my extensive experience as a public servant, business owner and father. If you’d like more information or updates on what I’m doing, please visit [assembly.state.ny.us/mem/Kwani-O’Pharrow](https://assembly.state.ny.us/mem/Kwani-O'Pharrow).

My office staff stands ready to provide assistance with state programs, government forms, benefits, replacing lost medals or awards for veterans, or navigating state agencies. My staff and I are here to support you. Please contact my office with any issues that I can help address. My door is always open, and I welcome the opportunity to discuss any state legislative topic that concerns you.

Sincerely,

Kwani B. O'Pharrow

Kwani B. O’Pharrow, Member of the New York State Assembly , 11th Assembly District



IMPORTANT PHONE NUMBERS

courtesy of

**ASSEMBLYMEMBER
KWANI B. O’PHARROW**

EMERGENCY PHONE NUMBERS

Emergency	911
Suicide Helpline	988
Poison Control	800-222-1222
Power Outage:	
PSEG	800-490-0075
Gas Emergency	
National Grid.....	800-490-0045
PSEG	800-880-PSEG(7734)
Optimum	866-347-3292
Spectrum.....	833-267-6094
Verizon Fios.....	800-837-4966
AT&T (Phone)	800-288-2020 or 611
T-Mobile (Phone)	611

NASSAU COUNTY

Sheriff’s Office	516-572-4100
Civil Enforcement.....	516-571-2113
Office for the Aging	516-227-8900
County Clerk	516-571-2660
Dept. of Health	516-227-9697
Dept. of Mental Health & Chemical Dependency	
.....	516-227-7057
Dept. of Veterans’ Services	516-572-6565
Dept. of Motor Vehicles (Garden City)	718-477-4820

SUFFOLK COUNTY

Sheriff’s Office	631-852-2200
Office for the Aging	631-853-8200
County Clerk	631-852-2000
Dept. of Health	631-854-0000
Dept. of Mental Health	631-853-8500
Dept. of Veterans’ Services	
Hauppauge Office	631-853-VETS
Riverhead Office	631-852-1410
Dept. of Motor Vehicles (Massaququa)	718-477-4820

GUIDED TOURS OF THE CAPITOL

Free guided tours of the Capitol are available Monday through Friday. Reservations are recommended but not required for groups of less than 10. Groups of 10 or more must contact the Plaza Visitor Center at **518-474-2418** to schedule their tour. For more information on departure times and location tours, visit empirestateplaza.ny.gov/tours/new-york-state-capitol or call **518-474-2418**.



My Office is Here to Help

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ALBANY OFFICE

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