

IMPORTANT LOCAL CONTACTS

SUFFOLK COUNTY OFFICE FOR THE AGING
 100 Veterans Memorial Hwy, Hauppauge, NY 11788
 1-631-853-8200

SUFFOLK COUNTY

Office for the Aging (Riverhead).....1-631-852-1420
 Information on Home Delivered Meals.....1-631-853-8227
 Health Services.....1-631-854-0000
 Senior Transportation (Smithtown).....1-631-265-8811/8826
 Senior Transportation (Southold).....1-631-298-4460
 Home Delivered Meals.....1-631-853-8227
 Office for the Aging HEAP Hotline1-631-853-8326
 Suffolk County Bus Service1-631-852-5200

NY CONNECTS: Your link to

Long-Term Services and Supports.....1-800-342-9871

U.S. GOVERNMENT AGENCIES

Federal Information Center (for all locations)1-800-333-4636
 Health Care Fraud Hotline (Inspector General)1-202-418-3300
 Internal Revenue Service - Information Line1-800-829-1040
 Lawyers' Fund for Client Protection1-518-434-1935
 Medicare Hotline1-800-442-3863
 or 1-800-442-3863
 Social Security Administration Hotline1-800-772-1213
 TTY1-800-325-0778
 Department of Veterans' Affairs.....1-800-827-1000

NEW YORK STATE OF HEALTH

The Official Health Plan Marketplace1-855-355-5777

TOLL-FREE HELPLINES & OTHER IMPORTANT NUMBERS

AARP1-202-434-2277
 AMAC (Association of Mature American Citizens).....1-888-262-2006
 Alliance for Aging Research1-202-293-2856
 Alzheimer's Association1-800-272-3900
 Leading Age1-202-783-2242
 American Cancer Society Response Hotline1-800-227-2345
 American Diabetes Association1-800-342-2383
 American Diabetes Assoc. Professional Membership and Subscription Line1-800-232-3472
 American Heart and Stroke Association1-800-242-8721
 American Lung Association1-800-586-4872
 Arthritis Foundation Information Line1-800-283-7800
 National Cancer Institute1-800-422-6237
 National Consumer Voice for Quality Long-Term Care1-202-332-2275
 National Committee to Preserve Social Security / Medicare1-800-966-1935
 National Hospice Organization1-800-658-8898
 National Institute on Aging1-800-222-2225
 Parkinson's Disease Foundation.....1-800-457-6676
 NYS Division of Veterans' Affairs.....1-888-VETS-NYS
 1-888-(838-7697)

For more information regarding the EPIC program, call 1-800-332-3742 (TTY: 1-800-290-9138).

- To join EPIC, a senior must:**
- **Be a New York State resident age 65 or older;**
 - **Have an annual income below \$75,000 if single, or \$100,000 if married;**
 - **Be enrolled or eligible to enroll in Medicare Part D (no exceptions); and**
 - **Not be receiving full Medicaid benefits.**

The Elderly Pharmaceutical Insurance Coverage (EPIC) program is a New York State program for seniors administered by the Department of Health.

This year's budget included \$93.2 million to help seniors afford their medications.

What is EPIC?

PRSR1 STD,
 US Postage
 PAID
 Albany, NY
 Permit No. 75

New York State Assembly
 Albany, NY 12248

2023
 SENIOR
 BULLETIN

ED FLOOD
 STATE ASSEMBLY

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**Local, State,
 and Federal
 Resources
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Golden Park Program



If you are a New York State resident 62 or older, on any weekday (except holidays), you can obtain:

- **Free vehicle access to state parks, boat launch sites, and arboretums; and**
- **Fee reduction to state historic sites and state-operated golf courses.**

Simply present your currently valid New York State Driver License or New York State Non-Driver Identification Card.*

For locations with pay stations, please contact the facility directly for information. For information about facilities where this program is valid, contact the nearest state park or state park regional office.

Long Island Regional Office 1-631-669-1000

New York State Parks
Albany, NY 12238
1-631-669-1000

TTY/TDD through 711 Relay Service

**A New York State Driver License or a New York State Non-Driver Identification Card may be obtained from your local Motor Vehicle office. You may want to contact them first to be certain you bring the required forms of identification.*



What is RSVP?

The Retired and Senior Volunteer Program (RSVP) has nearly 3,000 volunteers who are 55+ at hundreds of nonprofit agencies throughout New York.

It provides life-changing opportunities for volunteers aged 55 and over.

It helps meet the critical needs of communities by mobilizing tens of thousands of hours of volunteer service.

It strengthens public and nonprofit agencies by matching skilled volunteers with vital programs and services.

For more information regarding the RSVP program, email info@cssny.org or call 1-212-254-8900.

What is NY Connects?

NY Connects helps anyone who needs information on long-term services and supports children with disabilities, older adults, family members and caregivers, friends or neighbors, veterans, and helping professionals.

NY Connects can help you ...

- Find care and support
- Remain independent
- Understand care options
- Find transportation
- Learn about supports in caregiving
- Find supported employment programs
- Get answers about Medicare
- Apply for medical and other benefits

For more information regarding NY Connects, visit www.nyconnects.ny.gov or call 1-800-342-9871.

What is the Long Term Care Ombudsman Program?

The Ombudsman Program provides FREE advocacy and resources for people who reside in long-term care facilities such as nursing homes, assisted living, and adult-care facilities.

If you or someone you know in long-term care needs an advocate, or you are looking to make a difference, become an Ombudsman volunteer today.

Please call the Ombudsman Program for more information

Suffolk County 1-631-470-6755



Office of the State Long Term Care Ombudsman



For information on these or any legislative matters, please contact Assemblyman Ed Flood at:

149 Main St., East Setauket, NY 11733
631-751-3094 • flood@nyassembly.gov