



## Important Health Care Info for Seniors

**KARL ★ ★ ★ ★ ★**  
**BRABENEC**  
NEW YORK STATE ASSEMBLY

## IMPORTANT HEALTH CARE INFORMATION FOR HUDSON VALLEY'S SENIORS



Dear Neighbor,

As your assemblyman, it is my top priority to represent you in Albany as well as here at home. In addition, it is my job to ensure that you are aware of the opportunities available to you. I hope you find this health care brochure informative and helpful as you navigate a system that is sometimes confusing.

If you have any questions about the information provided in this brochure, have suggestions about other health services to help seniors, or any other questions regarding state issues, please do not hesitate to contact my office at 845-544-7551.

Sincerely,

Karl A. Brabenec  
Member of the Assembly

# IMPORTANT PHONE NUMBERS

### Toll Free Assistance

- Child Abuse Report Hotline ..... 1-800-342-3720
- EPIC Prescription Protection for Seniors..... 1-800-332-3742
- EZ Pass..... 1-800-333-8655
- Legislative Status of Bills..... 1-800-342-9860
- Medicare and Medical Claims..... 1-800-633-4227
- Missing Children's Hotline..... 1-800-843-5678
- Senior Citizen's Hotline..... 1-800-342-9871
- State Tax Questions..... 1-518-457-5431
- Federal Tax Assistance ..... 1-800-829-1040
- I Love NY ..... 1-800-225-5697
- Veteran's Problems/Assistance..... 1-800-273-8255

### Fire, Police & Ambulance

- Emergency ..... 911
- Orange County Sheriff..... 845-291-4033
- Rockland County Sheriff..... 845-638-5400
- PSEG/LIPA Report Power Outages ..... 800-490-0075
- Poison Control ..... 1-800-222-1222

### Area Hospitals

#### ORANGE COUNTY:

- Orange Regional Medical Center ..... 845-333-1000
- St. Anthony Community Hospital ..... 845-986-2276
- St. Luke's Cornwall Hospital Cornwall Campus..... 845-534-7711
- St. Luke's Cornwall Hospital Newburgh Campus..... 845-561-4400
- Bon Secours Community Hospital..... 845-858-7000

#### ROCKLAND COUNTY:

- Nyack Hospital ..... 845-348-2000
- Helen Hayes Hospital..... 845-786-4000
- Good Samaritan Regional Medical Center ..... 845-368-5000

### County Offices for the Aging

- Orange County Office for the Aging..... 845-615-3700
- Rockland County Office for the Aging.... 845-364-2110

### Clerk's Office

- Orange County Clerk's Office ..... 845-291-2690
- Rockland County Clerk's Office ..... 845-638-5070

### Consumer Affairs

- Orange County Consumer Affairs ..... 845-360-6700
- Rockland County Consumer Affairs ..... 845-708-7600

### Health Services

- Orange County Health Department..... 845-291-2332
- Rockland County Health Department .... 845-364-2513

### Social Services

- Orange County Social Services..... 845-291-4000
- Rockland County Social Services..... 845-364-2000

### Veterans' Services

- Orange County Veterans Services ..... 845-291-2470
- Rockland County Veterans Services ..... 845-638-5244

### Human Services

- Orange County Human Services..... 845-291-2800
- Rockland County Human Services..... 845-364-2000

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# SENIOR CENTERS

Below are a number of Senior Centers that provide various activities and programs including exercise groups, travel clubs, and social events that keep you active and healthy.

## ORANGE COUNTY:

### Monroe Senior Center

845-783-9486  
101 Mine Road, Monroe, NY 10950

### Blooming Grove Senior Center

(845) 496-4411  
Route 94 & Horton Rd, Blooming Grove, NY 10914

### Chester Senior Center

(845) 469-7000 x4  
1784 Kings Highway, Chester, NY 10918

### Cornwall Senior Center

(845) 534-3178  
183 Main Street, Cornwall, NY 12518

### Deerpark Senior Center

(845) 856-0888  
410 Route 209, Huguenot, NY 12746

### Florida Senior Center

(845) 651-7815  
33 South Main Street, Florida, NY 10921

### Goshen Senior Center

(845) 294-8545  
100 Trotter Circle, Goshen, NY 10924

### Greenwood Lake Senior Center

(845) 477-8482  
Windemere Avenue, Greenwood Lake, NY 10925

### Montgomery Senior Center

(845) 457-9367  
36 Bridge Street, Montgomery, NY 12549

### Mulberry House Senior Center

(845) 346-4073  
62-70 West Main Street, Middletown, NY 10940

### Newburgh (Town) Senior Center

(845) 564-7819  
311 Route 32, Newburgh, NY 12550

### New Windsor Marasco Senior Center

(845) 565-7750  
244 Union Avenue, New Windsor, NY 12553

### Warwick Senior Center

(845) 986-1124 x248  
132 Kings Highway, Warwick, NY 10990

### Woodbury Senior Center

(845) 928-9225  
16 County Route 105, Highland Mills, NY 10930

## ROCKLAND COUNTY:

### Clarkstown-Pearl River Senior Activity Center

(845) 624-6334  
121 West Nyack Road, Nanuet, NY 10954

### North Rockland Senior Activity Center

(845) 429-2090  
The Village of West Haverstraw Village Hall & Community Center  
130 Samsondale Avenue, West Haverstraw, NY 10993

### Nyack Senior Activity Center

(845) 353-1311  
90 Depew Avenue, Nyack, NY 10960

### Ramapo Senior Activity Center

(845) 356-2244  
Murchison Hall at New Hempstead Presbyterian Church  
484 New Hempstead Road, New City, NY 10956

### Rockland Community Development Council (RCDC) Senior Center

(845) 352-1400  
22 Main Street, Monsey, NY 10952

## EPIC

The Elderly Pharmaceutical Insurance Coverage (EPIC) program is a New York State program for seniors administered by the Department of Health. To enroll in EPIC you must...

1. Be a NYS resident;
2. Have an annual income below \$75,000 if single or below \$100,000 if married;
3. Be enrolled or eligible for Medicare Part D; and
4. Not receive full Medicaid benefits.

For more information regarding EPIC, and to apply, call 1-800-332-3742.

## HEALTH CARE PROXY

New York Health Care Proxy laws allow state residents to appoint trusted family members or close friends to make health care decisions for them if they become incapacitated or unable to direct their own course of treatments. In order to appoint a health care agent, you must fill out a health care proxy form. To obtain more information and the form itself:

- Visit [www.health.ny.gov/professionals/patients/health\\_care\\_proxy](http://www.health.ny.gov/professionals/patients/health_care_proxy)
- Contact Assemblyman Karl Brabenec's office



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123 STATE ROUTE 94 SOUTH, SUITE 2,  
WARWICK NY 10990  
845-544-7551  
BRABENECK@NYASSEMBLY.GOV