



# Stay Healthy

## Assemblyman Cymbrowitz' Free Health Screenings/Flu Shots/Talks 2011

**Limited  
Availability**

DAY	DATE	OFFERING	TIME(S)
Wednesday	March 9	Colon Cancer Screening	10:00 am - 1:00 pm
Thursday	March 24	Thyroid Cancer Screening	9:30 am - 5:00 pm
Tuesday	April 12	PSA (prostate blood test)	10:00 am - 1:00 pm
Thursday	May 26	Vascular Screening (Leg)	10:00 am - 3:00 pm
Tuesday	June 14	Diabetes Screening	10:00 am - 1:00 pm
Wednesday	July 13	Balance Improvement ( <b>3 sessions</b> )	10-11 11-12 12-1
Wednesday	July 13	Mammograms ( <i>Call for appt. times</i> )	<b>1-800-564-6868</b>
Wednesday	Aug 17	Living with Allergies ( <i>Talk</i> )	10:00 am - 1:00 pm
Wednesday	Sept 21	Mammograms ( <i>Call for appt. times</i> )	<b>1-800-564-6868</b>
Monday	Oct 3	Flu Shots	1:00 pm - 4:00 pm
Wednesday	Oct 5	Flu Shots	10:00 am - 1:00 pm
Monday	Oct 24	Flu Shots	10:00 am - 1:00 pm
Wednesday	Nov 2	Flu Shots	1:00 pm - 4:00 pm

### **APPOINTMENTS ARE REQUIRED**

**PLEASE CALL ASSEMBLYMAN CYMBROWITZ' OFFICE AT (718) 743-4078**

All screenings are in Assemblyman Cymbrowitz' Office  
1800 Sheepshead Bay Road  
(mammograms are given by Project Renewal's Scan Van located outside the office)  
(Beth Israel Medical Center's Kings Highway Division will administer most of the tests)